

THE LYMINGE NEWSLETTER

For the communities of LYMINGE, ETCHINGHILL, RHODES MINNIS and POSTLING

<http://www.lyminge.org.uk/>

January 2016

Produced by
THE LYMINGE ASSOCIATION

News from The Lyminge Association



*...from the Committee
supporting
The Lyminge Association*

Events to look forward to in the year ahead...

- **March Stream Clean** - a chance to get wet
- **April Garage Safari** - a chance to clear the decks and realise some cash
- **July Fun Day** - Tayne Field to provide an opportunity for everybody to enjoy themselves

China China

中國城



Chinese New Year

Restaurant and Takeaway

7th, 8th or 9th February

Special 5 course meal

2016

Year of the Monkey

see the Lion Dance
and enjoy the Fireworks

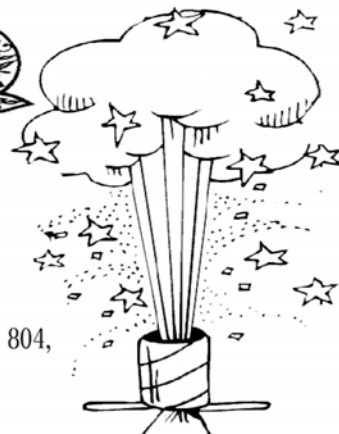
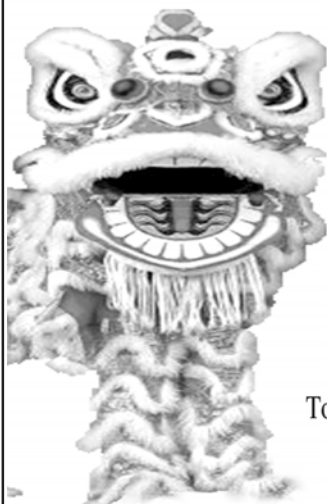
£28 per person

Booking essential

To book your table please call in, phone 01303 863 288 or 07539 200 804,

or email - jackey@chinachinalyminge.co.uk

or book online - www.chinachinalyminge.co.uk





LYMINGE PARISH CHURCH SERVICES & ACTIVITIES

Church Website: www.lymingechurch.co.uk
E-mail: office@lymingechurch.co.uk

Sun 3rd Jan	8.00am	Holy Communion (said)
	11.00am	WOW (Ways of Worship)
Wed 6th Jan		NO Holy Communion (<i>short said</i>) NO Open House Bible Study
Sun 10th Jan	8.00am	Holy Communion (said)
	11.00am	Sung Eucharist
Wed 13th Jan	7.00pm	Holy Communion (<i>short said</i>)
	7.30pm	Open House Bible Study & Discussion (<i>Coffee served from 7.20pm</i>)
Sun 17th Jan	11.00am	Week of Christian Unity Service at the Methodist Church
	6.00pm	Evensong
Wed 20th Jan	7.00pm	Holy Communion (<i>short said</i>)
	7.30pm	Open House Bible Study & Discussion (<i>Coffee served from 7.20pm</i>)
Sun 24th Jan	8.00am	Holy Communion (said)
	11.00am	Joint Service with the Methodists followed by refreshments
	3.30pm	Messy Church
Wed 27th Jan	7.00pm	Holy Communion (<i>short said</i>)
	7.30pm	Open House Bible Study & Discussion (<i>Coffee served from 7.20pm</i>)
Sun 31st Jan	10.30am	Benefice Service followed by refreshments

Confirmation Classes 2016

We are hoping to run a course for adults/teenagers this new year.
The course will be 6 to 8 weeks long
and open to anyone over the age of 13yrs.
If you would like to be confirmed and are interested in attending these
classes please let Rev Peter Ashman know as soon as possible
Telephone the Rectory on 862432

ACTIVITIES THIS MONTH

Mothers Union

Wednesday 13th Jan 10.30am In the lounge at Nailbourne Court
New members are always welcome
Why not come and give this a try
Please contact Sue on 862221 for details

Coffee Morning in Wentworth Close Lounge

Wednesday 20th January from 10.00am to 11.30am
In the lounge at Wentworth Close (entrance via the car park)
Please contact Lynne on 863010 or Laraine on 863216

Prayer Shawl Knitting Group

Wednesday 20th January from 2.30pm at 26 Nailbourne Court
*This group meets to pray and knit shawls for
those suffering from ill health or bereavement*
New members are always welcome
Please contact Madelaine 863582

Ethelburga Luncheon Club

Thursday 21st Jan meeting at 12.00 noon at the Coach and Horses
Please contact Lynne 863010 if you are interested and/or need transport

PADDLESWORTH PARISH CHURCH SERVICES

Sun 3rd Jan	NO SERVICE
Sun 10th Jan	9.30am Morning Prayer
Sun 17th Jan	NO SERVICES
Sun 24th Jan	6.00pm Evensong
Sun 31st Jan	NOSERVICE at Paddlesworth Benefice Service at Lyminge at 10.30am

LYMINGE METHODIST CHURCH

Visitors are very welcome to join us at our weekly service
at **11am** and invited to share fellowship afterwards with a
cup of coffee/tea.

- 10 January** - Rev. John Lines
17 January - Deacon Carys Woodley –United Service
with Anglicans
24 January - United Service at the Parish Church
31 January - Local arrangement
7 February - Rev. Derek Hancock (incl. Holy
Communion)

RHODES MINNIS CHURCH

This small Chapel in beautiful countryside holds a weekly
Sunday Service normally at 9.30am followed by coffee
and biscuits. A warm welcome is extended to any visitors.

- 10 January** - Rev. John Lines
17 January - **3pm** - Rev. Sam Funnell (annual Covenant
service)
24 January - Local arrangement
31 January - NO Service
7 February - Mr. Ralph Bradshaw

POSTLING CHURCH SERVICES

- 3 January** **3.30pm** Evensong
10 January **9.30am** Family Service
17 January **8am** Holy Communion
24 January **9.30am** Family Communion
31 January No Service



The Week of Prayer for Christian Unity is from 17th to
24th January when the Parish Church and the Methodist
Church will be sharing services.

Please see the church notices for details.

Lyminge Newsletter

Terms & Conditions. Copy deadline is 18th February

Please email your copy in to the editor (pb@pbarnes20.plus.com). Your payment must be received before your
article or advert can appear in the Newsletter. Please leave
your payment along with your name, organisation, tele-
phone number and copy of your ad in a sealed envelope at
the Lyminge Post Office or at the Lyminge Library.
Business adverts cost £9.50 per month or £95.00 per
year. Personal and charity adverts and articles from £3 per
month, or £30.00 per year. The annual rate offers 12 entries
for the price of 10. Please make cheques payable to '**The
Lyminge Association**'. If you do not have email, a typed
paper-copy can be left with the payment.
Lyminge Association accepts no liability for the accuracy of
the advertisements or subsequent actions arising in con-
junction with advertisers in the newsletter.

Further details from Peter (editor) on 01303 863737

News from Age UK Lyminge...

Last year - 2015 - more people than ever before used our friendly and flexible services. We asked some of our users and volunteers what they thought about our work and here is some of what they said:

...Age UK is the hub of the village...

...a great place for people who want to chat and meet friends...

...coming to Age UK helps people live again...

... a god-send...caring...helpful staff...wonderful meals... fills my day... a bit of fun...

... I didn't think it was for me, but I started coming once a week now I'm here nearly every day...

... the services are good value for money...

During 2015, as well as all our ongoing services and activities, we have been busy demonstrating what a dynamic contribution older people make to their local communities. People who use the Lyminge centre presented their work in an art exhibition, we published all the recipes regularly used by volunteer cook, Irene, in a cook book (copies still available for £5!) and Centre Manager, Mathew, organised two holidays.

January and February can be hard months – bad weather can keep people isolated and homes can be chilly. So please join us for an activity or lunch, or pop into our café or shop and find out more about what we do.

Don't forget our **free Information and Advice** service is available to help advise on keeping warm, reducing heating costs and many other subjects. Please call 01303 269602 for an appointment. You can meet the team at the centre or they can visit you at home.

For more information about any of our events or services please call 01303 269602 or email co@ageukhl.org.uk or come and say hello in person – we are at Everist Court, Station Rd, Lyminge, CT18 8HQ. Full information available at www.ageuk.org.uk/hytheandlyminge (including daily menus for the next two weeks) and you can find us on Facebook (AgeUKHytheandLyminge) and Twitter (@ageukhl)

Etchinghill Update January 2016**Happy New Year to all our residents in Etchinghill**

SPEED WATCH: Good news. We have a new volunteer for our Speed Watch teams. We are always looking for new recruits. If you would like to volunteer please contact Colin.

Etchinghill Amenity Land - Wild Life Strip of Grass. Due to dog fouling in the strip, there is now two "camps" of residents. One, who wish to retain the strip, the other who would like the strip mown regularly. If you have strong views please pass your comments to Colin Manvell on 862324.

Congratulations to our Parish Councillors for entering Etchinghill into the **Trees in the Village** Competition and we won a tree! We are looking for a site where we can plant it in the village. If you have any suggestions please contact Ann Baker on 07964 295218.

The **Infants' Playground** at Meriden Park is being renovated in the New Year by Shepway District Council, hence the fencing in the area at the moment. Hopefully, the repairs will be completed at the beginning of the New Year.

ETCHINGHILL RESIDENTS' ASSOCIATION: Etchinghill Cinema Club is showing the film "THE WATER DIVINER" (15) on Monday, 18th January, at the Etchinghill Village Hall, doors open at 7.00 for 7.30 pm start. Members and non-members are welcome. Starring Russell Crowe, this is a war drama about a father who travels to Turkey in order to find his three sons whom he believes to have been killed at the Battle of Gallipoli. An epic tale of love mingled with adventure, a beautifully crafted, captivating film. For further information, please contact Lorraine on 01303 863333.

The Good Neighbour Scheme is still in operation. If you, or if you know of anyone who would benefit from someone to chat to or a visit from a friendly face do contact Lorna on 07934 160454.

ETCHINGHILL VILLAGE HALL: Open House held every Monday at the Village Hall from 10.00 -12.00. Come along any Monday, for good company, a chat and refreshments. The talk this month will be by our own Rosemary Piddock on 18th January and is entitled "Agatha Christie", which should prove most, entertaining.

VILLAGE MARKET: The Raffle Prize winners were Mr and Mrs Wood, who only moved into the village a few weeks ago. Obviously, a lucky move on their part! The Market is held on the first Monday of the month.

ETCHINGHILL VILLAGE HALL CHRISTMAS RAFFLE: The raffle was drawn on the 19th December 2015 and the winner was Charlie Coleman a member of the Social Bridge Club.

If you wish to include anything in the Etchinghill Update please contact Barbara on 862873

District Councillors Report - January 2016

For the last three months we have been waiting for the government to make public its proposals to deal with Operation Stack. On 25 November the chancellor announced £250m would be spent on a permanent lorry park in Stanford and on 11 December Highways England launched a non-statutory consultation called 'Managing freight vehicles through Kent' (go to www.gov.uk and search for this title to find a copy online).

The consultation sets out two alternative sites for a lorry holding area near Stanford each of which is large enough to park approximately 3,600 lorries.

As well as the two sites there are four options for each site:

Alternative 1 – use the site only during Operation Stack.

Alternative 2 – use during Operation Stack and to avoid TAP (when traffic is slowed on the A20 approaching Dover and which then backs the traffic up as far as Folkestone) which now happens several times a week.

Alternative 3 – As alternative 2 plus provide overnight parking to avoid the flyparking that takes place across our district by lorries.

Alternative 4 – As 3 plus a full Motorway Service area.

Site 1 at Stanford West would have access from a slip road on the M20 and lorries could both enter and leave the site without using local roads. It is also less prominent visually and makes use of the existing facilities at the Stop 24 site (it would be on both sides of the M20). **Site 2** at Junction 11 North would bring the lorries off the motorway at the existing Junction 11 slip road and they would turn left onto the B2068 (Stone Street going to Canterbury). They would then travel a short way along this road to a new roundabout which would allow them to turn right into the site.

Our view is that we don't want a giant lorry park at all but that site 1 is the 'least bad' option because of the direct access on and off the motorway. Of the alternatives, we believe alternative 3 is preferable as it would be used for our year round problems and not just Stack. We are against alternative 4 (the full motorway service area) as it would add to the noise and light pollution as well as taking up land that could otherwise park lorries.

The proposal is totally outside the normal planning procedures and does not require permission from either Shepway District Council or Kent County Council. Decisions will be made by the Secretary of State for Transport using his powers in the Highways Act.

There will be staffed exhibitions at the Civic Centre in Folkestone on 04 and 05 January, Sellindge Sports and Social Club on 11 January and Hawkinge Community Centre on 12 January. There is little detail available about the two sites with vague blobs to show where they would be but there is no doubt the sites would be vast and (even with screening) will be a terrible blot on our lovely landscape.

Whether you support or oppose the proposals you only have till midnight 25 January 2016 to respond to Highways England, please make your voice heard.

Locally Jenny attended the December meeting of Lyminge Parish council and went to the Christmas Fair at Age Concern and Susan joined villagers in Etchinghill to switch on the Christmas lights and for the Big Fat Christmas Quiz. The Christmas trees and lights in all the villages of the parish have looked lovely and we hope you enjoyed the holiday.

We wish you all a Happy New Year.

Susan Carey and Jenny Hollingsbee

Ward councillors for North Downs West, Shepway District Council

Jenny Hollingsbee (Jenny.hollingsbee@shepway.gov.uk 07887918458) **Susan Carey** (susan.carey@shepway.gov.uk 01303 670561)



Lyminge Dramatic Society

Lyminge Dramatic Society would like to thank everyone who supported our productions in 2015 and we would like to wish everyone a Happy New Year.

On 21st January we are having the casting reading for **Quartet**, our Spring production. The reading will be at Sibton Park Cricket pavilion at 7.30pm. This is a play about the residents of a retirement home for retired actors whose routine is thrown into disorder by an unexpected arrival..... Pete and Fanny Raine are directing and producing this for us. The play is on from 6th - 9th April. If you would like to be involved either acting or backstage please come along to the reading. And if you would like to join the society, please contact Alex on 01303 862622.

Rhodes Minnis Evening Circle

Our Christmas party was a great success with a Bring & Share supper, a lovely Raffle, and presents and cards for everyone. We were entertained by Maureen Jones who, along with her guitar, gave us a delightful rendition of her own amusing poems and songs, finishing with Christmas Carols. The competition was won by Pat Kent, with Marion Hoare 2nd and Ann Harris 3rd. We have raised £308.25p for our charity, Children in Need, including the October Coffee morning. There is no meeting in January, but on February 17th Alice Mills is giving us a taste of "Living in Spain".

We meet at Rhodes Minnis Village Hall at 7.30pm and visitors will be made very welcome. For further details please contact Diana Bennett on 862134.

theWI INSPIRING WOMEN

Members were welcomed to the Christmas party by Barbara Syrett, the President. A birthday posy was presented to Ann Morgan and the East Kent News was read by June Manton.

We were entertained by St.Hilda's Ukeleles Band which was greatly enjoyed by us all. We sang along with them which created a great party atmosphere.

The competition winner was Janet Hooles. It was then time for tea, there was a table stacked with an assortment of scrumptious food, the hostesses being the committee and there was a present for each person on the table. Our next meeting will be held on Tuesday, 19 January 2016 at 2.30pm in the village hall when Rosemary Piddock will speak on Women of the First World War.

Please ring Barbara Syrett on 01303 265229 or Rita Warner on 862503 for any further information.

JUMBLE SALE Saturday 5th March 2016

1pm - 4pm

Elham Village Hall

Canterbury Road, ELHAM. CT4 6SX

Refreshments available: Tombola

All proceeds to:

HEADWAY EAST KENT-Head Injury Support

Registered Charity No. 1103215

For more information please contact:

Zoe: 01303 863830/07985952179

Ann: 01303 621971

ETCHINGHILL RESIDENTS' ASSOCIATION Etchinghill Cinema Club

"THE WATER DIVINER"
Monday, 18th January

Etchinghill Village Hall at 7.15 pm

Entrance Fee £5 per head

includes Membership

FREE Refreshments and Raffle

Lorraine 863333 for info



Lyminge
Historical Society
would like to wish you



A Very Happy New Year and Health and Happiness in 2016

Please note that there will be the usual winter break in
January and February 2016

The first talk in 2016 will be on Tuesday 1st March

The Tithe War in the Elham Valley 1931-1936 **Speaker: Dr. John Bulaitis**

New members and visitors are welcome.

Members: £10 per annum inclusive of talks

Visitors: £4 per person payable on the door.

Tea and biscuits will be served.

Please note: Lyminge: a History Pt 1-7 books

The special offer in November and December has proved so popular that the offer has been extended for the next few months.

You can get the bundle of all 7 books for just £30!!*

To take advantage of the offer please call 01303 862865

This offer is not available from the shops.

*Postage and packaging extra for postal deliveries

Lyminge Historical Society
Mobile Tel. No. 07759 260816

Website: www.lymingehistoricalsociety.co.uk

Rhodes Minnis Village Hall

Beetle Drive

Friday 22nd January



at the Hall 7.30pm

Adults £2 – Children 50p

Teas, coffee and juice provided

There will also be a raffle

Come and join the family fun

New players welcome to come and join

In aid of the LORD WHISKY SANCTUARY FUND

(Registered Charity 283483)

Park House Animal Sanctuary

Stelling Minnis CT4 6AN. 01303 862622

www.lordwhisky.co.uk

Fur, Feather & Exotic Exhibition

Saturday 27th February - 10am to 4pm

Boughton-under-Blean Village Hall, Nr Faversham

Come and meet some unusual and exotic species
and have a chat with the experts.

Small Animal Pet Show (no cats or dogs)

Craft Stalls ~ Tombolas ~ Hot & Cold Refreshments

Tables available £10, phone 01303 862622 to book

Please come and support us and help the animals.

Lyminge Weather Statistics – November 2015

With thanks to Mr D. Godden for these weather statistics and notes.

	Temperature (°C)	Air Pressure (hPa)	Wind Speed (mph)	Total Monthly Rainfall
Maximum	23.7 (02/11/15)	1027 (01-02/11/15)	37.0 NW (17/11/15)	123.9mm (4.96 in)
Minimum	-0.5 (26/11/15)	998 (20/11/15)	Highest Daily Rainfall	15.0mm (0.59in) (05/11/15)

Another mild month, with moderate winds, and, below average rainfall. A notable feature of the month was the very small, (two degrees 'C' or less), variation between day & night temperatures.



Lyminge Handbell Ringers

The Lyminge Hand Bell group continue to introduce new music and so look forward to the opportunity of playing these new pieces locally. So please consider booking us for your special celebration. You can come and hear us play before booking if you wish and select your own choice of music. We have an increasingly wide selection to choose from. All we need at the venue is a large table for our bells and music, room for up to 12 players and a minimum donation of £40 for our charity, the Nepali Children's Trust. Weekends and evenings only please and plenty of advance notice is helpful. For further information or to make a booking, please contact: Ro Edmond on 863201 or email welldorm@aol.com



Happy New Year to all our members and friends

In December we had a very interesting talk by Eileen Jennings followed by our Winter Lunch Christmas Party. Thanks everyone for making this a great success. At the time of writing we are looking forward to the last event in 2015, our regular New Year's Eve Lunch in **China China**.

In 2016, our programme kicks off on 6th January with Derek Smith's talk on **'Life in the South Atlantic'** which will be followed by the Christmas Lunch in the **Coach and Horses**.

In February the talk will be **'30 years as a Hovercraft Pilot'** on Wednesday 3rd February by Capt Brian Laverick-Smith.

Meeting are 10.30 - 12.30 in the Tayne Centre Parlour. Entry is currently £2.00 and includes refreshments. We are a friendly social group and welcome new members so just drop into one of our meetings, or, if you'd like to talk to one of us first, please call 863500.

Lyminge Friends

Coach & Horses



Senior Citizens 2 course lunches available
Monday - Saturday £7.50

Friday Food Theme Nights £9.95 per person

8 January - Mexican
15 January - Italian
22 January - Indian
29 January - Polish

Sunday Carvery - £9.95

Served between 12 noon and 4pm

Live Music!

The Blakeys from 9pm Sat 30th January

Bookings and Contact: 01303 862694

Park House Sanctuary Boarding Kennels & Cattery

Park House, Stelling Minnis CT4 6AN
Brick-Built Heated Kennels ~ Daily Walks
Reasonable Rates ~ All dogs must be fully inoculated
Heated Cat Chalets ~ Quiet Area Inspection Invited.
To book or for further information, call
01303 862622 or email lord.whisky@btinternet.com
www.lordwhisky.co.uk

THE ETCHINGHILL VILLAGE MARKET

All the stall holders along with the village hall trustees would like to thank everyone that has supported us throughout 2015.

We will be back on Saturday 6th February and look forward to seeing new and old faces once again. Free tea and coffee vouchers will be available for everyone that spends £4 or more on any one stall.

ETCHINGHILL MARKET will still be the place to be.

Saturday 6th February 2016 from 10am
Plenty of free parking

For further details contact John on 863819. Charity No. 302736



BINGO AFTERNOON

Saturday 30 January

1.45pm for 2pm start

Lyminge Bowls Clubhouse

Woodland Road CT18 8EW

Cash Prizes, Raffle
and Refreshments

All over 18's welcome

Enquiries Tel: 01303 862467

PIANO LESSONS FOR ADULTS



Have you always wanted to learn to play the piano but have lacked the opportunity, or faith in your own ability? Did you learn as a child and now regret having given it up?

I specialise in teaching adults and have developed a method which will enable you to progress quickly and with great enjoyment.

Please contact: Lise Cribbin, Bridge 01227 637709

For Sale
Mixed Seasoned Logs

Large truckload NOW £80

Free delivery

**Tree surgery/stump removal
also undertaken.**

Call 01227 709562

Useful Tip: (from Dave Godden)

To report a pothole, or any road or pavement issues to the KCC using the KCC Website entails entering no less than 75 CHARACTERS to open it. It isn't the easiest to use.

I prefer using 'Fix My Street' as this is all that is necessary to get this Website. It is very easy to use, and, you can download photographs. In addition it keeps a record of your reports, which can be updated.



Adult Swimming with Hythe Aqua

- Can you swim lengths (25m)?
- Are you between 17yrs and 70yrs++++
- Do want to improve your swimming skills?
- Do you want to improve your fitness?

We can help you improve under the direction of our experienced Swimming Coaches. You may want to simply improve your swimming skills and fitness, or even take part in competitions such as Masters Swimming, Triathlons or Open Water – we can help. Two sessions available each week, starting session Fridays at 8.00pm – Hythe Pool.

To book your place phone: 01303 862353 or checkout our website: www.hytheaqua.org.uk

"We can't help everyone, but everyone can help someone." - Ronald Reagan

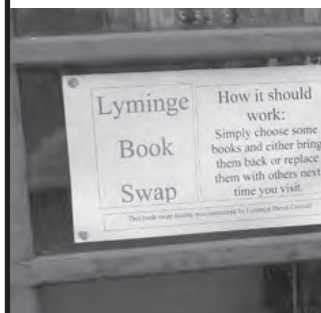
Is it a :

Telephone box? - No

Tardis? - No

Lyminge Book Swap - YES!!

Telephone Box
located in
Woodland Road
Lyminge



Refurbishment
sponsored by
Lyminge Parish
Council

How it works:
"Simply choose
some books
and either bring
them back, or
replace them
with others next
time you visit."





THE TAYNE CENTRE



As we end 2015 we are very near to the completion of the renovation.

The last jobs to be done are the Clayson Hall swing doors, the re-laying and gluing of parts of the parquet flooring and the fitting of blinds to the high level windows.

We apologise to our users that this will mean that the Clayson Hall is out of action for 4 weeks in January 2016.

We are very grateful to **all** the donations from our user groups and the community to support our final push to renovate the Clayson Hall. Grants have come from:

£20,000 Methodist London & SE District

£20,000 Methodist South Kent Circuit

£10,000 Veolia (subject to detailed report)

£10,000 De Haan Trust

To celebrate the end of the project you are invited to join us:

16th April 2016

'Renovation Celebration'

from 3.00 to 5.00pm



BUZZLINES DAY TRIPS & HOLIDAYS TRIPS FOR VALENTINES

SAT 13 FEB	THE VIEW FROM THE SHARD & AFTERNOON TEA	£65
SUN 14 FEB	BRUGES	£39
SUN 14 FEB	DISNEYLAND PARIS LATER DAY	£91

HOLIDAYS

FRI 19 FEB	WARNERS SINAH WARREN	4 DAYS	FROM £279
MON 22 FEB	BOURNMOUTH FULL BOARD	5 DAYS	FROM £309
FRI 26 FEB	STARGAZING IN STAFFORDSHIRE	4 DAYS	FROM £285

CALL 01303 362870
BUZZLINESTRAVEL.CO.UK

buzzlines
in the discovery lane...

Use Your Pharmacist For Minor Illnesses

Health Notes

People in Deal, Dover, Folkestone and Romney Marsh are being encouraged to visit their local pharmacist rather than a GP for advice on treating minor ailments.

Pharmacists can offer help and advice on many illnesses, such as colds or fever, which can be safely treated at home without the need to see a doctor.

They can also sell a range of medication – often at lower cost than a prescription – which will save both patients and the NHS money and allow patients to treat an illness promptly.

Dr Darren Cocker, Clinical Chair of NHS South Kent Coast Clinical Commissioning Group, said: "Pharmacists are a valuable resource for people when they are feeling under the weather with things like a cold, tummy ache or mild fever. People can save themselves time and free up GP appointments for others. A whole range of medication – from non-branded ibuprofen and paracetamol to antihistamines – can be bought at pharmacists for as little as 19p.

"By supporting people to help themselves, we can not only improve the quality of life for individuals but also use NHS services even more effectively, particularly with winter approaching when we all know that A&E and GPs face huge demands.

"The more that people can take charge of their own healthcare, the more they can save themselves time and save the NHS money which can be invested in providing life-saving treatment. The run-up to winter is also a good time to check that your medicine cabinet is well-stocked.

"You can use the website and mobile phone app **Health Help Now** if you're not sure what to do or who to call."



Developed by the NHS in Kent and Medway, **Health Help Now** is available on the web and to download to your smart phone. It has lots of local information and can guide you to the service that will be best able to deal with your symptoms. It will show you your nearest pharmacy and whether it is open or closed.

Call in or phone your local pharmacist at:
Lyminge Pharmacy, Station Road
Tel: 01303 862425

The pharmacists and staff are very willing to help and offer advice with medicines and discuss medication in confidence.

Open Monday-Thursday 9am -1pm, 2.30-6.30pm
Friday 9am -1pm, 2.30-5.30pm
Saturday 9am -1pm

Tutor Aaron Rice

PGCE, BA English, MA (Journalism)
Local teacher with over 10 years of primary
school experience.

Kent Test (11+), SATs, English/Maths

Call (01303) 862128

Special Film Offer at Lyminge Library

For a limited time, borrow selected DVDs for £1.00 at
Lyminge Library, a fantastic discounted price.

This special offer will be running during January, come
and take films for all of the family. DVDs can be borrowed
for 1 week. Contact Lyminge Library:

TEL: 03000 413131 or Lymingelibrary@kent.gov.uk

*Need to free up a bit of space and make some
cash after Christmas?*

Kids Stuff Sale!

Maternity, baby and children's clothes, toys,
games etc.

Sat 6th Feb ~ 10am to 1pm
Lyminge Village Hall

Also.... Craft stall, face painting, tombola, refreshments

Tables £5 each; can be reserved by emailing
lymingepreschoolfundraising@gmail.com

All proceeds go to Lyminge Pre-School

Registered Charity No: 1029226

Looking for homecare services?

Our experienced Care Assistants are on hand to
offer support to the elderly, people with a learning
or physical disability or other care needs for home
services no matter your needs -

- ✓ One call a day to multiple calls
- ✓ Short term or long term packages
- ✓ Home from hospital assistance
- ✓ General assistance or complex care
- ✓ Weekday, weekends, days, night call times

NURSE PLUS

Contact your
local branch today

01303

250200

www.nurseplusuk.com

Direct Payments Accepted



Calling your doctor in South Kent Coast



People in Deal, Dover,
Folkestone and Romney Marsh

are being reminded that **GPs**

can often discuss symptoms over the phone – without the
need to make a face-to-face appointment.

Clinical Chair of NHS South Kent Coast Clinical
Commissioning Group (CCG), Dr Darren Cocker, said:
"Many patients believe that a face-to-face appointment
with a GP is essential. But in many cases, the GP – who
has access to a patient's notes – is experienced enough to
make a diagnosis of the condition over the phone.

"This can save patients the time and trouble of having to
get to a surgery. It can also mean that you can avoid a GP
surgery that may be full of patients coughing and sneezing
and passing on germs.

"Naturally, if your GP believes that you need a face-to-face
examination he or she will arrange that."

The advice comes at a time of the year when doctors'
surgeries and A&E services across the country are
experiencing more calls than ever.

If you are ill or injured but it is not serious enough for a
999 emergency, and you can't call or visit a GP surgery, call
the free NHS 111 number for advice and guidance.

*Those with computers, laptops and smart-phones can
use the interactive **Health Help Now** app from the Apple
Store for iPhones, Google Play store for android phones
or download from www.healthhelpnow-nhs.net*

Health Help Now gives instant advice about symptoms
any time, day or night. It also has the opening hours of all
Kent and Medway pharmacies, complete with directions
on how to get to your nearest
pharmacy which is open.



NHS South Kent Coast Clinical
Commissioning Group buys and
plans the healthcare for the people
of Deal, Dover, Folkestone and
Romney Marsh.

New Season's Hay

Traditional small bales
Best quality - barn stored £3.50 each
FREE local delivery for 10+ bales

Call Richard: **01303 840733** or **07970 804466**

Grimsacre Farm, Elham
www.grimsacrefarm.co.uk

Beat the winter blues!
Book the date now for our next Quiz Night



QUIZ NIGHT

20th February 7pm
Etchinghill Village Hall

Tables of 6 or 8, £3.00 per head

Raffle / craft display and sales
 To reserve your table -

call 01303 863 599 or 07974 073 736

In aid of **Alongside Africa's Street Children** programme
www.alongsideafrica.org (see below)

Did you know that there is an Etchinghill based charity that operates in Uganda?

Alongside Africa is committed to a world in which every person has the opportunity to earn a living. Our strap line of opportunities, not aid recognises the right of marginalised and disadvantaged communities to be able take responsibility for their own development, and for this to be achieved with dignity and self-respect, critical factors that are often lost when aid is provided instead of opportunities.

We run a number of projects in Uganda including a successful micro-finance programme and a very special Street Children programme called Amasiko, which means bright hope in the local Bakiga language.

Founders of **Alongside Africa**, Lawrance & Monica Titterton, live in Etchinghill but travel to Uganda regularly



to work with the local team on the ground and often taken individuals and groups from the UK with them who are interested in getting involved in the projects or who want to see the work first hand. The work is demanding,

both physically and emotionally, but also very rewarding - a hug from a child who is rescued from the streets and able to start school for the first time, or the smile on an old woman's face who realises that she can read for the first time in years after receiving a pair of reading glasses are priceless experiences.

If you would like to know more about the work of **Alongside Africa** or get involved please contact us on 01303 863 599 or write to us at enquiries@alongsideafrica.org. We are always looking for volunteers here in the UK and in Uganda.

We love to spread the word about the work that we do so if you would like us to give a talk at your school, club or community group please get in touch.

You can also see a selection of craft made by the women's groups that we support at **Ottinge Farm Shop**, open on a Wednesday afternoon and Saturday morning.

Antibiotics won't help — but simple steps can beat the bug



People living in Deal, Dover, Folkestone and Romney Marsh are being reminded that antibiotics are ineffective against norovirus — but simple hygiene can help. Norovirus is the most common cause of gastroenteritis. It can affect people of any age and is more prevalent during colder months. The symptoms begin around 12 to 72 hours after the patient picks up the infection and can usually last for 12 to 60 hours, but sometimes longer. NHS South Kent Coast Clinical Commissioning Group (CCG) clinical lead for urgent care, Dr Chee Mah, said: *"We'd urge people to be extra careful with hygiene if they or any of their family develops norovirus symptoms, and not to visit friends or relatives. It's also especially important not to attend or visit hospitals or care homes if you have symptoms."*

"Each year, between 600,000 and one million people in the UK catch norovirus. And even though it's often called the 'winter vomiting bug', you can catch the virus at any time of the year."

"It's an unpleasant condition, but it's not usually dangerous and most people make a full recovery within a couple of days without having to see their GP. Please remember that antibiotics do not work against viruses."

Most people start with feeling nauseous, often followed by actually being physically sick. Many patients will also get watery diarrhoea. Some people will have a raised temperature, headaches and aching limbs or flu like symptoms. Most people make a full recovery within one to two days, but some people — usually the very young or elderly — may become dehydrated and require medical treatment.

How can norovirus be prevented?

- Always wash hands thoroughly with soap and warm water - particularly after going to the toilet, before preparing or eating food, and after changing a baby's nappy. (Alcohol gels are not effective against this particular virus).
- Do not use dirty cutlery.
- Do not allow raw food to come into contact with cooked food. Ensure all food is thoroughly cooked,
- Avoid contact with anyone suffering from the virus for two to three days after they are free of symptoms.
- Norovirus is highly contagious and can be contracted in a number of ways:
- Direct contact with people who have the virus
- Touching contaminated objects, unwashed objects.
- Raw, undercooked food, especially meat and shellfish.

The NHS in Kent has a free web app to help you find the right treatment, especially when you are not sure what to do or who to contact. **Health Help Now** lists common symptoms and helps you find the best place for treatment for them in Kent. It shows the nearest services, whether they are open or closed, and provides a map of their location and directions. **Health Help Now** also offers reliable health advice and links to other useful websites. Available at www.healthhelpnow-nhs.net, it works on smartphones, tablets, and computers.

Etchinghill

Baby & Toddler Group

We are a friendly toddler group, which caters for babies and children from 0 to school age. Crafts, messy play, trikes, toys and a singing session are included each week. In dry weather there is also outside access for the children to play.

We meet on Wednesdays between 10am -12noon at Etchinghill Village Hall. We charge £2 per family, 1st session is free. Tea/coffee and healthy snacks are provided.

If you have any queries please contact

Julia Tesoro 07809705309

Lyminge Baby and Toddler Group

We'd love you to bring your little ones along to our informal and friendly group for lots of fun. Come along and join us for craft, singing and lots more. We meet every Tuesday morning at the Tayne Centre 10.30-12.00, term time only. Our apologies but no Toddler Group until Tuesday 2nd February due to maintenance work at Tayne Centre.

Cost: £1.50 per session, inc. refreshments for all.

Call: Any enquiries – Jenny 0756 4130569

Sarah 0798 4939220.

E-mail: lymingetoddlergroup@yahoo.co.uk

Rhodes Minnis Toddler Group

We are back on Thursday 7th January 2016, 10am-12 noon

Hope to see our regular members as well as welcoming Mums, Dads, Grandparents and Child Carers.

We charge £1.50 per morning – to include mid-morning refreshments.

For more information phone **Elaine** on **01303 863096**



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Ofsted Feb 2011**

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To arrange to meet the team, please call:

01303 863149 (day) or 07709420736 (eve) or email lymingepreschool@gmail.com and visit our website

www.lymingepreschool.org.uk

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Shepway Lifeline is Telecare Services Association accredited and has an innovative 24/7 monitoring centre, supplying all facets of Telecare alarms, including care and security solutions for vulnerable individuals, lone workers and local businesses.

To contact Shepway Lifeline: -

Phone: (01303) 242615 or 242971

Address: Shepway Lifeline, Civic Centre, Castle Hill
Avenue, Folkestone, CT20 2QY

Email: lifeline.proactive@shepway.gov.uk

Website: www.shepway.gov.uk/lifeline

Sign to Nursery Rhyme Classes

Etchinghill Village Hall on Tuesday mornings

Come and learn to sign with your baby. Signs are taught using nursery rhymes, action songs and musical instruments.

Spaces are limited so to book your place and for more information please call

07800 737936 or go to

www.daisychaincourses.co.uk



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bus times

for buses from **Lyminge Post Office** to
Folkestone Town Centre via **Etchinghill & Cheriton High Street**

MONDAYS TO SATURDAYS except Bank Holidays

There are route 17 buses at 0705 (not Saturdays), 0749, 0909, 0939 (not Saturdays), 1004, 1034, 1104, 1204, 1304, 1404, 1514, 1614 (1619 on schooldays), 1629 (schooldays only), 1654 (schooldays only), 1719, 1749, 1834, 1929, 2113 and 2313.

There are also route 18 buses to Sandling Station & Hythe - for times see our website or call the number below.

SUNDAYS & BANK HOLIDAYS

There are route 17 buses at 0947, 1147, 1347, 1547, 1802 and 2002.

for buses from **Lyminge (opposite Aberdeen House)** to
Canterbury City Centre via **Elham, Barham & Bridge**

MONDAYS TO SATURDAYS except Bank Holidays

There are route 17 buses at 0727 (schooldays only), 0732, 0752, 0903, 0938, 1028, 1128, 1228, 1328, 1443, 1613, 1703, 1803, 2001 and 2201.

There are also route 18 buses to Canterbury via Stelling Minnis and Bossingham - for times see our website or call the number below.

SUNDAYS & BANK HOLIDAYS

There are route 17 buses at 0827, 1027, 1227, 1427, 1642 and 1842.

These times will operate from 4 January 2016.



timetable information **0871 200 22 33**
Calls cost 12p per minute plus your phone company's access charge
www.stagecoachbus.com

TAYNE CENTRE HALL HIRE

Previously known as the Lyminge Methodist Church Hall

Clayson Hall

1 October to 31 May (including heating) £9.00 per hour :
£32.00 per 4 hour session : £64.00 full day

1 June to 30 September

£6.50 per hour : £23.00 per 4 hour session : £46.00 full day

Rigden Room (Parlour) with heating, if required*

£6.50 per hour all year (*electric - over heaters).

Burren Room with heating, if required*

£5.00 per hour all year, (*electric - over heaters)

Overnight Stays

1 June to 30 September £40; 1 October to 31 May £55

For any enquiries please call **07971 722 401**



The Hall has 2 meeting rooms and a large hall; great for everything from dances, fun quiz nights and theatrical events.
Hire includes access to a fully equipped kitchen, serving hatches and bar (Licence available), all with easy car parking.

NEW dedicated booking line on 0749 7625 741

where Kate Kellett or Pippa Hamilton will be delighted to discuss your individual requirements.

Examples of prices for the main hall are: Friday or Saturday evening £65.00, weekday evenings £20.00 and all day on Saturday £135.00

lymingevillagehall.org.uk
lymingevillagehall@outlook.com



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ETCHINGHILL VILLAGE HALL HIRE FEES

The next time you are thinking of holding a function you should try Etchinghill Village Hall, which holds the highest Hallmark accreditation level, with its excellent facilities, including ample parking space.

The standard hire charge for the main hall and kitchen are:

Weekdays £10.00 per hour

Saturdays £12.00 per hour

Sundays £12.00 per hour

During the winter months (1 November to 31 March) a Winter Supplement of £1.00 per hour is added to the above rates.

Special rates apply for weddings and all day events with a range of discounts on the above rates applying to all lettings of more than three continuous hours and additional discounts are available to Etchinghill Residents and Regular Hirers.

The use of a separate Committee Room is also available.

For all bookings or enquiries please contact:

Sylvia Williams on 01303 863547

Rhodes Minnis Village Hall

Charity No.800345

Rhodes Minnis Village Hall is located 2kms (1¼miles) from Lyminge and just off Longage Hill and Whitehorse Lane in Chapel Lane

The hall, which holds Hallmark accreditation, is ideal for children's parties, band practice, quizzes, meetings and fundraising events and has the capacity to take parties of up to 100. The rates include the use of the kitchen.

Rates

Mon to Fri £15 per session £40 all day

Sat & Sun £20 per session

£30 for evening session and £60 all day

Sessions

AM session 08.30 - 12.30

PM session 13.30 - 17.30

Evening session 18.00 - 23.45

There are special rates for regular users.

For all bookings and enquires please contact:

Martin Fry 01303 863177 or 07849217793 or e-mail: book @rmvh.org.uk

Sibton Park Cricket Club

We extend an invitation to our local residents, please join us on match days and selected evenings and take advantage of the Club's outstanding venue, facilities and fully licensed bar.

Having a Celebration? Require a regular venue?

The club house and grounds are available

For further information or to make a booking

please contact: Andy & Clare Allon

07817 751262 - aallon44@yahoo.co.uk



This page is printed to give readers and organisers the opportunity of planning events without clashing with existing ones, which are already in the 'diary'. It is not intended as a means of advertising and we take no responsibility for errors or omissions. Acceptance is at the discretion of the editor. Please send your updates by email to pb@pbarnes20.plus.com or via methods outlined on Page 2.

Location and name codes follow:

C&H: Coach & Horses; **ECC:** Etchinghill Cricket Club; **EVH:** Etchinghill Village Hall; **ERA:** Etchinghill Residents' Association; **ES:** Elham Square; **JC:** Jubilee Centre; **JF:** Jubilee Field; **LB:** Laing Bennett; **LBC:** Bowls Club; **LL:** Library; **LMC:** Lyminge Methodist Church; **LPC:** Lyminge Parish Church; **LSH:** Lyminge School Hall; **LVH:** Lyminge Village Hall; **LW:** Lord Whisky; **NVH:** Newington Village Hall; **PC:** Postling Church; **PH:** Lord Whisky, Park Hse. **PVH:** Postling Village Hall; **RVH:** Rhodes Minnis Village Hall; **RMC:** Rhodes Minnis Church; **SNL:** See News Letter for info; **TC:** Tayne Centre.

One Off or Irregular Events

Date	Time	Event	Where	Tel. No.	Date	Time	Event	Where	Tel. No.
30 January	1.45pm	Bingo Afternoon	LBC	862467					
6 February	10am	Kids Stuff Sale	LVH						
20 February	7pm	Alongside Africa Quiz	EVH	863599					
5 March	1pm	Jumble Sale	Elham-VH	863830					
9 April		Boot Fair	ECC	0789671778					
16 April	3pm	Renovation Celebration	TC						
23 April		Boot Fair	ECC	0789671778					
7 May		Boot Fair	ECC	0789671778					
21 May		Boot Fair	ECC	0789671778					
4 June		Boot Fair	ECC	0789671778					
18 June		Boot Fair	ECC	0789671778					
16 July		Fun Day	TC	8637378					

Weekly Events

Day	Time	Event	Where	Tel. No.	Day	Time	Event	Where	Tel. No.
Mon	10am	Open House	EVH	863394	Wed	11.45am	Pilates	TC	07825109670
Mon	10am	Bridge Club	BC	863177	Wed	6pm	Karate for Juniors	EVH	07554004526
Mon	10.30am	Lyminge Larks (Singing)	TC	01233750223	Wed	7pm	French Conversation	KH	862972
Mon	11am	Cookery	JC	269602	Wed	7.30pm	Cantores Domincae Choir	LSH	01233840961
Mon	2pm	Computer Buddy (need to book)	LL	862180	Wed	8pm	Scottish Country Dancing	EVH	862761
Mon	2.30pm	Monday Fellowship	TC	862164	Thur	9.30am	Baby Rhyme Time	LL	862180
Mon	5.45pm	Lyminge Youth Drama Group	TC	862602	Thur	10am	RM Toddlers Group	RVH	863096
Mon	6.30pm	Judo Club	LVH	862946	Thur	10am	Art Group - Morning	TC	211364
Tues ¹	10am	Baby & Toddler Group	TC	863274	Thur	11am	Shopping trips to Supermarket	JC	269602
Tues	10am	Sign to Nursery Rhyme Classes	EVH	07800737936	Thur	2pm	Art Group - Afternoon	TC	862972
Tues	10.30am	Art Class	JC	269602	Thur	6pm	Ballroom and Salsa Dancing	EVH	07967979610
Tues	11.15am	Chairbics	JC	269602	Thur	6.45pm	Short Mat Bowls	LVH	863842
Tues	6pm	Football Training	JF	07967342226	Fri	10am	Talk Time	LL	862180
Tues	6.45pm	Short Mat Bowls	LVH	863842	Fri	11am	Seated Exercise	JC	269602
Wed	10.15am	Mature Movers (Exercise)	TC	862873	Fri	5pm	Hawkinge Flyers (Lyminge Branch)	Katrina	07881457994

Monthly Events

When	Time	Event	Where	Tel. No.	When	Time	Event	Where	Tel. No.
3 rd Mon	7.30pm	Etchinghill Cinema	EVH	863333	3 rd Wed	7.30pm	RM Evening Circle	RVH	862913
Last Mon		Parish Council Meeting	SNL	239500	Last Wed	11am	Singing For Health	JC	862364
1 st Tues	10.30am	Reading Group	LL	862180	Last Wed	7.30pm	Quiz Night	C&H	862694
1 st Tues	11am	Reminiscence	JC	269602	4 th Fri	7.30pm	Beetle Drive	RVH	862616
1 st Tues ²	7.30pm	LHS Talk/Event	TC	862972	Last Fri	1.30pm	Team Quiz	JC	269602
3 rd Tues	9.45am	Family History	LL	862180	1 st Sat	10am	Village Market	EVH	863819
3 rd Tues	2.30pm	Etchinghill W.I.	EVH	863503	2 nd Sat	10am	Postling Ch. Coffee Morning	PC	863536
3 rd Tues ³	7.30pm	Gardening Society	TC	862264	3 rd Sat	8am	Saturday Market	TC	862164
1 st Wed	10.30am	Lyminge Friends	LMP	862598	Last Sat	11am	Poetry Group	LL	862180
2 nd Wed	10.30am	Mothers Union	NP	862221					

¹ In term time only ² Except Jan, Feb, July and August ³ Except Jan, Feb, Aug ⁴ Except Aug and Dec

Out and About

Do you have any photos of local events or local groups in action, please call 01303 862699. Give your group a FREE plug!



Members of **Lyminge Friends** enjoying their Christmas Lunch Party

L y m i n g e
D r a m a t i c
S o c i e t y ' s
presentation
entitled
"Christmas Present
- Past & Future was
enjoyed by nearly
200 people. Patrons
brought
their suppers to
consume during
the interval. The
show included
humorous readings, classic pieces, carols, and even dreadful cracker
jokes, complemented by a back projection to go with each piece.



The little grey cells being tested at the very successful **Big Fat Quiz** held at Etchinghill Village Hall on Saturday 5th December



For the first time the **St Nicholas Fayre** was held in the Parish Church, raising funds for St. Mary & St. Ethelburga Church.



St. Nicholas himself making an appearance



The high winds did not put off Etchinghill residents who turned out to see Councillor Susan Carey switching on the Christmas Lights in Etchinghill on 29th November.

A well wrapped-up carol singer!



Mystery Photo

Last month's picture was a detail of one of the bus stop signs it was actually the Silverlands Road stop on the side going to Canterbury
Try this one -





A piece of History . . .

The picture shows Lyminge resident John Long who has recently received the French Legion of Honour Medal. John was a Wing Commander in charge of communications during the D-Day Landings and somehow he ended up with the Americans in the liberation of Paris parade. The letter from the office of the French Ambassador in London reads 'I offer you my warmest congratulations on this high honour in recognition of your acknowledged military engagement and your steadfast involvement in the Liberation of France during the Second World War.'



▲ The medal of a Chevalier in the Ordre national de la Légion d'honneur



▲ Father Christmas delivered over 135 parcels to 49 different addresses in Lyminge, Postling and Etchinghill in this the 36th year of the **Lyminge Association's Father Delivery Service** with Father Christmas. Thanks go to Lyminge Guides for providing extra Elves to assist the big man.



▲ Over 50 people enjoyed a wonderful Christmas Lunch with the **Lyminge Christmas Day Lunch Club**. Folk came from Rhodes Minnis, Etchinghill and Hythe to help Sam Cunningham and her local team to ensure that no one would have to spend Christmas Day alone. What a wonderful event.



▲ Once again **Mount Pleasant Close** was lit up in the most fantastic way with even more homes joining in to raise, at the time of going to press, over £550 for MS charity, Cancer Research and the British Heart Foundation



A Broadstreet success where everyone wins

Individual residents at **Broadstreet House**, Lyminge, undertook sponsored activities themselves and collectively raised over £600 for the **Royal National Lifeboat Institution (RNLI)** station.

The cheque was handed over at Broadstreet House on Wednesday 9th December 2015. Broadstreet House is a residential Home for adults with learning difficulties. On learning more about the activities and work done by the Dungeness RNLI, the residents came up with activities they could do individually to collectively raise the funds. These activities included 1 mile walks, swimming 40 or 50 lengths within an hour and hitting 75 golf balls.



▲ **Lyminge Guides** invited all their parents to an end-of-term event with a presentation of their Sewing Challenge to make a fashion item from something unwanted ! The evening naturally included a Fashion Show of their products !



It is not too late ! . . . to get the Lyminge 2016 Calendar. If you can't get one in the village please call 862699



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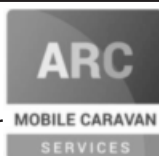
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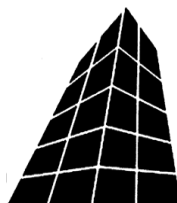
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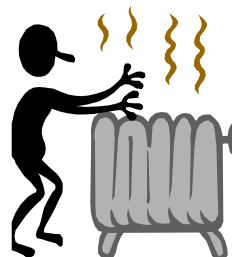
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