

THE LYMINGE NEWSLETTER

For the communities of LYMINGE, ETCHINGHILL, RHODES MINNIS and POSTLING

August 2020

Produced by THE LYMINGE ASSOCIATION www.lyminge.org.uk

From The Lyminge Association

garage Safari - to be or not to be??

One of the outcomes of the COVID-19 situation is there is an immense volume of personal possessions itching to be recycled. Consequently, charity shops and the local tip are overwhelmed.

People in this area always welcome the opportunity to move unwanted goods on to new homes using the autumn Garage Safari. Unsurprisingly, the Association has received a number of questions asking if we are planning to run one again this autumn.

The committee is torn between two possible scenarios and consequently have not yet made a decision. The quandary is revolving around propagating the virus by creating of an event which will encourage outsiders into the village, possibly leading to further spreading of the coronavirus and all its consequences.

With the whole lockdown constraints under government review, we have decided not to make a decision immediately but to wait until September to decide whether or not to have a Garage Safari in October. If we do decide to have one in October, it will be advertised in the September newsletter.

Coach & Horses



There is **NO LOCKDOWN**, **LOCK-IN** or **LOCK-OUT** at the Coach & Horses, just good old hospitality!!



We are pleased to welcome **Emily and Fred**, the new landlady and landlord to the Coach & Horses. Having opened at the beginning of July, they are finding their feet with many plans to be put in place. Besides decorating throughout, they plan to create a relaxing area around the fireplace, a meeting room (where the pool table used to be) along with the current restaurant. Naturally, there will be darts (Fred is a keen dart player) and he is looking to recruit new members to the team.

Along with their wide range of beers and lagers, their menu is whetting many appetites and getting great reviews. Starters include rosemary and garlic crusted brie bites, while the mains comprise a rich variety of fish, burgers, steak, chicken and vegan options. As you might expect, there are a range of desserts including amaretto panna cotta, baked lemon cheese cake or gooey brownies. A children's menu is available and senior citizens have a special menu served at weekday lunchtimes.

While on the subject of food, Emily is already planning her Christmas menu and taking bookings for Christmas Day!!

So a warm welcome certainly awaits all customers, with all the suitable safety measures put in place. Good luck Emily and Fred.

Contact details are 01303 901011 and Facebook Coach & Horses, Lyminge



DIARY OF EVENTS

This page is printed to give readers and organisers the opportunity of planning events without clashing with existing ones, which are already in the 'diary'. It is not intended as a means of advertising and we take no responsibility for errors or omissions. Acceptance is at the discretion of the editor. Please send your updates by email to pb@pbarnes20.plus.com or via methods outlined on Page 2. **Location and name codes follow:**

C&H: Coach & Horses; EVH: Etchinghill Village Hall; ERA: Etchinghill Residents' Association; ELVH: Elham Village Hall, EVLT: Elham Valley Line Trust, JC Jubilee Centre; JF: Jubilee Field; KH: Korf House; LB: Laing Bennett; LBC: Bowls Club; LL: Library; LMC: Lyminge Methodist Church; LPC: Lyminge Parish Church; LPS: Lyminge Primary School; LVH: Lyminge Village Hall; LW: Lord Whisky; NP: Nailbourne Court; PC: Postling Church; PH: Lord Whisky, Park Hse; PVH: Postling Village Hall; RVH: Rhodes Minnis Village Hall; RMC: Rhodes Minnis Church; RMCS: Rhodes Minnis Cat Sanctuary; RR: Rigden Room; SMVH: Stelling Minnis Village Hall, SNL: See News Letter for info; SP: Sibton Park; SPCC: Sibton Park Cricket Club; TC: Tayne Centre; TF: Tayne Field: WF: Well Field

One-Off Events

Date Time Event Where Tel. No. Date Time Event Where Tel. No.

WITH THE LIFTING OF RESTRICTIONS, PLEASE DOUBLE CHECK THE DETAILS

See Page 1 & Page 28 for 'Lock...' Photos and P12 for 'LOCK...' Poems

Weekly Events

| | | | | ,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,, | | | | | |
|------|---------|---------------------------------------|-------|---|------------------|---------|-------------------------------|-------|--------------|
| Day | Time | Event | Where | Tel. No. | Day | Time | Event | Where | Tel. No. |
| Mon | 10am | Open House | EVH | 863394 | Wed ³ | 7pm | French Conversation | KH | 862972 |
| Mon | 10am | Bridge Club | LBC | 863177 | Wed | 7pm | Tayne Centre Circuits | TC | 07925 982995 |
| Mon | 10.30am | Men-in-Sheds (appointment only) | JC | 269602 | Wed | 7pm | Cantores Dominicae Choir | LMC | 07813071867 |
| Mon | 10.30am | Lyminge Larks (Singing) | LMC | 07951 572920 | Thurs | AM | Chiropody (appointment only) | JC | 892067 |
| Mon | 11am | Pilates | TC | 07825109670 | Thurs | 9.30am | Dementia Daybreak (appt only) | JC | 269602 |
| Mon | 2.30pm | Knit and Natter | TC | 863049 | Thurs | 10am | RM Toddlers Group | RVH | 863096 |
| Mon | 6.30pm | Ballroom/Latin/Salsa Dancing | TC | 07966 751991 | Thurs | 10am | Art Group - Morning | TC | 211364 |
| Mon | 6.30pm | Judo Club | LVH | 862946 | Thurs | 10.15am | Baby Rhyme Time | LL | 03000413131 |
| Mon | 7pm | Pilates | EVH | 07951698008 | Thurs | 2pm | Art Group - Afternoon | TC | 862972 |
| Mon | 7.30pm | Yoga | RMVH | 07977503897 | Thurs | 2-4pm | Free Computer Help & Guidance | LL | 03000413131 |
| Tues | 9.30am | Dementia Daybreak (appt only) | JC | 269602 | Thurs | 6.45pm | Short Mat Bowls | LVH | 863842 |
| Tues | 2pm | Pickleball | EVH | 863819 | Thurs | 7pm | Pilates | EVH | 07951698008 |
| Tues | 6.45pm | Short Mat Bowls | LVH | 863842 | Fri | AM | Chiropody (appointment only) | JC | 892067 |
| Wed | 10.30am | Hearing Aid Clinic (appointment only) | JC | 269602 | Fri | 10am | Feel A Fairy Tale Sensory | EVH | 07800737936 |
| Wed | 10.45am | Singing For Health | JC | 862364 | Fri | 10.15am | Talk Time | LL | 03000413131 |
| Wed | 11.45am | Pilates | TC | 07825109670 | Fri | 7.30pm | Ballroom and Salsa Dancing | EVH | 07967979610 |
| Wed | 2nm | Ringo | FVH | 863819 | | | | | |

| Monthly Events | | | | | | | | | | | |
|-----------------------|---------|-------------------------|-----------|-------------|-----------|--------|-----------------------------|-------|-------------|--|--|
| When | Time | Event | Where | Tel. No. | When | Time | Event | Where | Tel. No. | | |
| 3rd Mon | 7.30pm | Etchinghill Film Night | EVH | 07544670363 | 1st Thurs | 6pm | Refill Station | LVH | | | |
| Last Mon | | Parish Council Meeting | SNL | 07715221705 | 3rd Wed | 10am | Family History | LL | 03000413131 | | |
| 1st Tues | 2pm | Lyminge Reading Group | LL | 03000413131 | 4th Wed | 2.30pm | RM Circle | RVH | 862913 | | |
| 1st Tues ³ | 7.30pm | LHS Talk/Event | TC | 863879 | Last Wed | 7.30pm | Quiz Night | C&H | 862694 | | |
| | | Lyminge Reading Group 2 | | | | | | | | | |
| 2nd Tues | 2pm | (Railway Readers) | LL | 03000413131 | 4th Fri | 7.30pm | Beetle Drive | RVH | 862616 | | |
| 3rd Tues ² | 7.30pm | Gardeners' Society | TC | 07703149008 | Last Fri | 1.30pm | Team Quiz | JC | 269602 | | |
| Last Tues | 2.15pm | Poetry Group | LL | 03000413131 | 1st Sat | 10am | Saturday@10 | EVH | | | |
| 1st Wed | 10.30am | Lyminge Friends | RR | 862598 | 2nd Sat | 10am | Postling Ch. Coffee Morning | PC | 863536 | | |
| 2nd Wed | 10.30am | Mothers Union | NC | 862221 | 3rd Sat | 9am | Saturday Market | TC | 862710 | | |
| 1st Thurs | 2pm | RBL, Elham Valley | St Mary's | 862508 | | | | | | | |

¹ In term time only ² Except Jan and Feb ³ Except Jan, Feb, and trip in Aug ⁴ Except Aug and Dec ⁵ Not held in August





Lyminge Church: Open for Private Prayer only

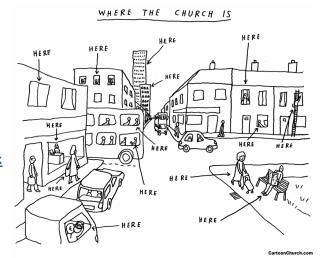
(Please don't come in just to look around)

And we are still around!
We have not gone underground but are functioning in a new way of BEING CHURCH

Find us Online...

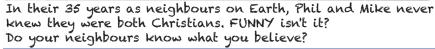
'Elham Valley Group of Churches'
www.elhamvalleygroupofchurches.co.uk
or www.achurchnearyou.com

...for thoughts, prayers, and services or contact us for copies of our weekly 'Prayer Hub' News sheet ...



Acrise, Denton, Elham, Lyminge, Paddlesworth, Postling, Stanford and Wootton









CHRISTIANS IN LYMINGE

There are no plans for any activities in August.

We hope to be able to meet again in the Autumn and will keep you informed.

Meanwhile stay safe.

Lyminge Newsletter

Terms & Conditions: Copy deadline for next edition - 18 August 2020.

Please email your copy in to the editor (**pb@pbarnes20.plus.com**). Your payment must be received before your article or advert can appear in the Newsletter. Please leave your payment along with your name, organisation, telephone number and copy of your ad in a sealed envelope at the Lyminge Library. **Business adverts** cost £9.50 per month or £95.00 per year. **Personal and charity adverts and articles** from £3 per month, or £30.00 per year. The annual rate offers 12 entries for the price of 10. Please make cheques payable to '*The Lyminge Association*'. If you do not have email, a typed paper-copy may be left with the payment at the Library (when back open). Printed by Canterbury Print & Mail. Lyminge Association accepts no liability for the accuracy of the advertisements or subsequent actions arising in conjunction with advertisers in the newsletter.

Further details from Peter Barnes (editor) on 01303 863737

In Aid of Lord Whisky Sanctuary Fund

Registered Charity: 283483
Park House, Stelling Minnis, Kent CT4 6AN
Tel: 01303 862622

Website: www.lordwhisky.co.uk ~ Email: lord.whisky@btinternet.com

The Lord Whisky Tea Rooms

Gate Lane, Rhodes Minnis CT4 6XY

Open every day from 10am – 4pm
Outdoor seating and social distancing measures in place
Freshly prepared Breakfasts, Lunches, Teas and Snacks
Try our delicious Sunday Roasts
Eat-In or Take-Away. Tel: 01303 862349

Low-Income Veterinary Clinics

Rhodes Minnis: Tuesday & Thursday 2pm-3pm Herne Common: Monday & Friday 2pm-3pm

The Lord Whisky Charity Shop

164 High Street, Hythe Open Monday – Saturday, 10am – 3pm

Kent County Council kent.gov.uk

ROAD CLOSED

Temporary Road Closure Palm Tree Way, Lyminge, 3-7 August 2020

It will be necessary to close part of Palm Tree Way, Lyminge, in the Folkestone area, currently planned from Monday 3 August 2020 with estimated completion by 7 August 2020.

Palm Tree Way will be closed in the general vicinity of number 1, with local access continuing from an eastern direction up to where the road is closed.

The alternative route for any through traffic is via Silverlands Road.

LYMINGE FLOWERS

A local service specialising in

FUNERAL FAMILY WREATHS & BOUQUETS

To place an order or arrange a personal visit to discuss your requirements, please contact us on



WANTED TABLE TENNIS PLAYERS

We are looking for table tennis players to join the Rhodes Minnis 3rd division team who play in the Folkestone League.

If you are interested please phone Mick on 01303 862616 or Heather on 01303 862060

POLYGON PUZZLE



Newsletter Polygon Puzzle

Make as many words as you can from the letters. Always include the centre letter. Each of the letters in the polygon can only be used once in each word. If there is more than once instance of a letter you may use each one once. The score for each word found is the number of letters in the word. All words must appear in your dictionary. There is at least one 9 letter word. Enjoy.

All the words we found are in the English Oxford Shorter Dictionary or can be found in other dictionaries and other sources of reference. They can include some proper nouns, common abbreviations, slang, parts of speech and words from the modern idiom. Some are very obscure, others downright suspect and our list is not definitive.

If it is in your dictionary then it is legitimate. If it is not but it is in ours then it also is legitimate. If you made it up then that's not allowed, but that could be another game; make up a word, define it and try to persuade others it is genuine. Whatever you do, be happy, keep healthy and enjoy your life. **Solutions on P5**



JUBILEE CENTRE, LYMINGE - UPDATE!!

Age UK Hythe and Lyminge is 100% committed to Lyminge, and we are currently working closely with Government health and safety advisers, and local councils, to ensure that any reopening is done in line with current guidance. The health and well-being of all involved will be our priority. Please be reassured that every effort is being made to secure the future of Age UK Hythe and Lyminge going forward and we will keep you informed!

Please see our list of current services in this newsletter. Essentially, over the last few weeks as Lockdown eases we are introducing some new initiatives and services to include:

- Support meets- encouraging individuals to walk and move,
- Activities in the park. Groups of 6 max, held in Oaklands park. Activities include art, chair yoga and seated
 exercise.
- Transport to medical appointments,
- Free face coverings made by team,
- Chiropody, contact Ian Cox directly on 01303 892067
- Café open for take away,
- Daily discussion conference calls,
- "Thinking of you bags" sent out to regular clients, including projects for them and something from us, i.e., pictures created by local children.

Over the next few weeks you will see additional services being launched and restarted

- Weekly activity booklet,
- Mental health team assessments digitally from Lyminge centre,
- Digital meets with clients
- IT Training
- Home visiting I and A service
- Hairdressing
- Services for Veterans
- Hearing Aid Clinic by appointment only. Hythe Tuesday mornings. Lyminge Wednesday mornings. Please telephone 01303 269602.

This update will be of great interest to some of you, we are sure, and we thank you for your past and future patience. May we end this note with a request please..... Our Charity Shops in Hythe and Lyminge are closed until further notice...... please do not leave any goods outside, because, as a charity, it costs us to dispose of them. Thank you.

| Solutions |
|------------------|
| to Polygon |
| Puzzle (P4) |
| - no cheating!! |
| |

| Our Solution (with some proper nouns) 121 words of 9 to 3 letters | | | | | | | | |
|---|----------|---------|---------|--------|--------|--------|--------|--------|
| 9 letter word lodestone | | | | | | | | |
| 8 letter word | loosened | | | | | | | |
| 7 letter words | nestled | noodles | Toledos | | | | | |
| 6 letter words | Deleon | eldest | leones | loosed | loosen | looted | nestle | noodle |
| | oldest | oodles | Selden | Solent | soloed | stolen | stolon | telson |
| | tooled | Toledo | | | | | | |
| 5 letter words | Delos | doles | dolts | Edsel | Eldon | Elton | Leeds | Lents |
| | lends | lento | Leone | loden | lodes | loons | loose | loots |
| | noels | Nolde | olden | Olsen | Olson | sleet | soldo | soled |
| | solon | steel | stole | stool | tools | | | |
| 4 letter words | dele | dole | dols | dolt | eels | else | enol | lees |
| | leet | lend | leno | lens | lent | Leon | Leos | lest |
| | Leto | lets | lode | Lond | lone | loon | loos | loot |
| | lose | lost | lots | noel | nolo | olde | Olen | oleo |
| | oles | Oslo | seel | | sled | sloe | slot | sold |
| | sole | solo | told | tole | tool | Leon | Leos | Leto |
| | Lond | Olen | Oslo | | | | | |
| 3 letter words | del | dol | eel | eld | els | elt | led | lee |
| | les | let | lod | loo | los | lot | old | ole |
| | sel | sol | tel | | | | | |

Community Support Hub



Sanford House, Stade Street, Hythe CT21 6BD

Continuing to support our local community

The Community Support Hub is able to assist anyone in our local area, regardless of age.

Services include:

- Bespoke shopping
- Prescription collection and delivery
- · Hearing aid battery replacement
- Dog walking
- · Befriending calls
- Support meets with a volunteer to help you get back out and about
- Activities in Oaklands Park, such as seated exercise and art
- · Transport to and from medical appointments
- Homemade face coverings available, no fixed cost, donation appreciated
- Chiropody
- · Support with "odd jobs" for example posting letters
- Free information and advice
- Hot meal delivery
- Daily discussion group phone calls
- Support at home for tasks that may have become more difficult
- Covid-19 recovery group, discussion group between those with shared experience
- Dementia support visits
- Laundry service
- Computer lessons and IT Support

For more information please contact the team

Call: 01303 269602

Email: Covid-19@ageukhl.org.uk

Hub open 7 days a week, 9am-4pm



Ramblings of Margaret Saunders

- a Lyminge resident who submitted the original article to the Royal Observer Corps Newsletter around the beginning of the lockdown

We are very fortunate to live in Lyminge, a village which has archaeological evidence of human habitation since the Mesolithic period which dates back to around 10,000 BC (*mesos* from the Greek meaning middle and *lithos* meaning stone), which would have been a time of the hunter-gatherers before organised farming began. This early evidence comes in the form of hundreds of thousands of knapped flints found near the source of the Nailbourne seasonal chalk stream, or winterbourne, which flows along the Elham Valley, finally becoming the Little Stour and then the Great Stour at Plucks Gutter, north east of Canterbury. Bishopsbourne, Bekesbourne and Littlebourne all derive their names from this seasonal stream. On average the stream runs about every seven years and tradition has it that when it does flow, there will be a disaster. This year proves the rule rather than the exception! However, wet winters are really the cause of the flow, as once the aquifers fill and overflow under the chalk downs, the head of water they create gradually pushes along the valley from late January onwards. It never fails to become a topic of local conversation - "The Nailbourne is running again ..."

As a result of the ancient history of our village, which includes the 7th century burial place of Queen Ethelburga and several royal palaces found on the village green which were discovered over three recent summers of excavation by the University of Reading under the directorship of Professor Gabor Thomas, the village and surrounding area has a plethora of footpaths. These I explored to the full in my daily hour of permitted outdoor exercise during the Covid-19 outbreak.

We started our self isolation a week before the official lockdown and for my first venturings I wore wellies, as it was not very long after the storms which had brought so much wind and rain. But, as time went on, the footpaths began to dry out and firm up, so the wellies were abandoned for walking boots or shoes. As the weeks passed the chalky footpaths, now more used than ever, began to show signs of cracks, these becoming deeper and wider with time, sometimes large enough for my four fingers to be inserted.



I am quite a fast walker, so in the hour or so I probably walked around four miles, meaning that over a week I think I probably walked about twenty-eight to thirty miles, often feeling frustrated that I could not walk for longer, as, for a change, I had all the time in the world!



Seeing wild flowers was one of the many pleasures I experienced. White greater stitchwort, also known as Star of Bethlehem, wedding cakes and Daddy's short buttons; bluebells; dandelions, both yellow and the subsequent fluffy white globe seed heads, the former often thought to be a nuisance to gardeners but actually of enormous benefit to bees; red campion (folklore has it that these flowers guard bees' honey stores as well as protecting fairies from being discovered); violets and primroses in juxtaposition, the purple setting off the yellow perfectly; charmingly cheerful sunny starshaped celandines shining out in the early morning sunshine, their heart-shaped leaves a perfect background foil; yellow archangel; clumps of cowslips also known as Bunch of Keys; ramsons (wild garlic) bursting forth into clusters of white star-like flowers, being an indicator of ancient woodland;

checked in my wild flower books, inherited from my mother. These books are some of my most treasured possessions. So many wonderful flowers, prolific on the chalk downlands surrounding the Elham Valley.

Hedgerows stripped of their ivy berries, providing a final feast for wood pigeons before other food sources become available whilst at the same time, parts of the hedgerows were blossoming forth with the white frothy flowers of the blackthorn, holding the promise of a good Autumn crop of sloe berries. Birdsong was abundant, as few other sounds offered competition for the sound space: blue tit, blackbird, black cap, great tit, lark, robin, wren, woodpecker, (both the call and the drumming), thrush, to name but a few. Skies once full of vapour trails, now silent and empty showing a depth of clear blue, void of pollution. One of the roadside woodland areas had been designated a roadside nature reserve.

As the month of April drew to a close and May beckoned, some of the flowers began ...

Continued on P8



Ramblings of Margaret Saunders (contd from P7)

... to fade whilst others moved to centre stage. Empty eggshells appeared here and there, indicating that first broods had hatched. Fresh badger setts appeared as did mole hills. Dandelion clocks, now becoming more prevalent than their yellow predecessors, lost their softness on wet days, becoming uncharacteristically spiky and the very first birdsfoot trefoil flowers began to appear. Crops began to grow and new unknown crops were sown, a couple of weeks or so needed before any growth is detectable. One morning I spotted some china fragments in a newly tilled field. I looked for more and was rewarded with a collection of small pieces, each one bearing a different pattern.



There was even a whole cup handle. They probably date back to the nineteenth century and would have been jettisoned into the midden, with other household rubbish, which was subsequently thrown out onto the adjoining field. An old cottage nearby was most likely the source of these once loved china objects. Now that I had my eye in, a couple of days later, sherds of china were visible in a second field, near another pair of old cottages and so a second collection was started. Not nearly as exciting as the Anglo-Saxon finds from the archaeological digs of previous years, but nonetheless evidence of past lives, now all but lost from memory.

As April moved into May, I heard my first cuckoo on International Dawn Chorus Day, 3 May. As the month progressed, flowers I had seen early on were disappearing and new ones coming in their place: thyme-leaved speedwell was a new one to me. Crows and magpies squabbled amongst themselves, no doubt hungry as

less traffic means less road kill, an important source of food for these scavengers. Along the banks of the Nailbourne, which runs parallel to the now abandoned line of the Elham Valley Railway, I spotted some water mint, with a pungent perfume, as well as watercress, which was clearly a favourite with the sheep. Early elderflower and blackberry blossom was in evidence together with the white flower of the wayfarer tree and the 'candles' of the horse chestnut. On the sunny side of hedgerows hawthorn, or may blossom was a-hum with bees and it is this blossom that might be the origin of the rhyme: Ne're cast a clout till May be out. Some, however, maintain that this refers to the month rather than the flower, but either way, it occurs at more or less the same time.

I shall be sorry when my daily walks come to an end. Like all good intentions, I am unlikely to continue with them daily, when the busyness of life takes hold again. But, maybe I will manage a few each week - so much will be missed if I don't



With people starting to move around again, here is some timely advice which some may find helpful:

- Lock your doors and windows at night and during the day when you're not in the vicinity (even if you are just popping upstairs for something).
- Lock your back doors and windows when you answer the front door. Some burglars use distraction techniques.
- Consider fitting extra security measures such as spy holes, door chains, door locks and intruder alarms.
- Install your own CCTV covering the front and back of your property.
- Keep receipts and serial numbers safe.
- Photograph and insure expensive or unique items.
- Don't keep valuables on display, consider installing a safe that could be bolted to the ground or wall. Or use a safety deposit box at your bank.
- Use timer switches on lights and radios to make your home look occupied.
- Keep gates, boundaries and sheds secure.
- Lock away bikes, tools and garden items that could be taken or used to break into your home.
- Don't leave spare keys hidden outside under pots or in garages.
- Think before posting holiday pictures on social media as it can make burglars aware the house is empty.
- Keep gardens tidy and pruned to remove good hiding places for burglars and install security lights.
- Cancel milk or paper deliveries when you're away and make sure your grass is cut, these are some things that won't make your home stand out.

Tel: 01303 863737

District Councillors' Update - July 2020

It's remarkable just how much council business is now conducted via remote meetings and some of the important topics covered recently are homelessness, recovery plans for our area and the financial impact of the pandemic on the council. We also continue to attend the Zoom meetings run by the parish councils and it is good to see people if only remotely.

The pandemic has put a large hole in the council's income from council tax, business rates, car parking income and other fees from reduced economic activity. We've also had extra costs from our work with the community hubs that have done such good work. There has been extra funding from the Government but it is far from sufficient to fill the gap. It's an unprecedented situation and we'll keep you updated on the plans as they develop,

The District Council has been working with retailers to get our shopping areas in towns ready for

the easing of lockdown and to encourage people to shop in safety. We've also been coping with the large numbers of people who've descended on our coastal areas to enjoy the summer weather. Not everyone has behaved well and we're sad to report that people have left litter and damaged the tables in the Folkestone coastal park with portable BBQs so these have now had to be banned.

Our play areas are now re-opened with extra cleaning to help keep them safe to use. Public toilets are now also open across the district. The best place to find information about council services as they return to normal is our website but if you get stuck then we are always happy to help.

A new stage has been reached with Otterpool Park Garden Town with a delivery statement published on the council's website bringing together work done by the company set up to deliver the project and the council as the local planning authority. Otterpool Park is intended to take the majority of the houses and employment sites needed in our district over the next 30 years. Jenny is one of two councillors (the other is Rebecca Shoob) appointed to the board of the Otterpool Park Development Company together with two senior officers from the District Council and three independent directors Dinah Roake, Luke Quilter and Sally-Anne Logan.

We can also report that the challenge to the District Council about the planning permission granted for Princes Parade on the seafront at Hythe was dismissed by the High Court with the claimant ordered to pay costs of £5,000 to the council. We hope that we can now provide the new leisure centre to replace the ageing Hythe swimming pool as well as new housing and a public park.

Lyminge is within the Kent Downs Area of Outstanding Natural Beauty and there's a public consultation on its draft management plans for the next 5 years. You have until 07 September to give your views. See www.kentdowns.org.uk for details.

Finally we'd like to draw to your attention the free tuition by Invicta Academy for children in Kent this summer for pupils from Key Stage 1 to 4. We know some of the people involved in this project and wish it well. More details at www.Invictaacademy.com

Susan Carey and Jenny Hollingsbee

Jenny Hollingsbee (Jenny.hollingsbee@folkestone-hythe.gov.uk 07887918458) and Susan Carey (susan.carey@folkestone-hythe.gov.uk 01303 670561) - your district councillors for North Downs West, Folkestone and Hythe District Council



We are pleased to announce that we are now able to serve food and drink from the Vineyard Café to outside tables week days from 9am – 4pm. Initially, we are offering a restricted menu whilst we ease back into our service. The new Farm Shop continues to operate from the Cafe building, Mon-Fri 11am - 4pm. The Garden Centre is going strong weekdays 11am – 4pm and on Saturdays, 9am – 12pm for collecting pre-orders.

We are looking for new trustees with a range of skills/experience. Our Trustees play a pivotal role in setting the strategic direction of our organisation and in supporting and

monitoring the management of the Trust, ensuring we deliver the best for our students every day. Please see our website for more information. www.fifthtrust.co.uk

The Fifth Trust is a charity supporting adults with learning disabilities.

Lyminge Friends - July 2020

The meetings and visits for August and September have been cancelled due to Covid19 and the need to look after our members.

Keep well and stay safe

Meetings are 10.30am - 12.30pm in the Rigden **Room of the Tayne Centre.** Entry for 2020 is £3.00 which includes light refreshments. We are a friendly social group and welcome new members so just drop into one of our meetings, or, if you'd like to talk to one of us first, please call 863500.





Folkestone

District Council

Editor: pb@pbarnes20.plus.com



Pathways to the Past

Exploring the Legacy of Ethelburga

We are delighted at the positive feedback we have received about the new paths in the churchyard. This is very welcome. The project is being run entirely by volunteers, so it does help to know that our efforts are appreciated.

The wall by the south porch has now been repaired but there is of course more work to do to clean up the churchyard. Our contractors have a few things more to do before the contract is complete. Then it will be a matter of deciding how to manage the churchyard going forward

and what to plant in order to turn it into an area supporting a range of plant and animal life. If you would like to volunteer to help us, then please contact us at the email below to register your interest. We can then let you know when we are ready to move forward, which is likely now to be in the Autumn.

We have made great progress over the past month planning the new information panels that will be installed around the village highlighting the amazing archaeology that has been found over the past decade or so. We hope these will be ready to be installed during the Autumn, but this will depend upon when the illustrations of the reconstructed Anglo-Saxon church are finished. These are being created for us by an archaeological artist.

If you want to see how the 3D digital reconstructions of the Anglo-Saxon church are progressing, then visit our website at geopaethas.com and scroll through Latest News. We have posted some still images to give an impression of what the reconstruction will look like.

If you want to get in contact, please email on geopaethas@gmail.com. And if you would like to donate to help our work improving the churchyard, please go to our PayPal giving page at paypal.com/fundraiser/charity/3200879.

Rhodes Minnis Circle

Dear Members.

Just to let you know that you are still in our thoughts. We hope you are keeping well - its good to catch up over the phone on our Circle days.

We will meet again some sunny day, but not just yet as we are all still vulnerable.

Keep safe and keep smiling.

Best Wishes Marion (862913)

Write 300ish words on any subject - then send it to the editor

This little story is quite true. It appeared some time ago in Chicago Anglican publication.

It's really rather a sad story because it involves an Anglican vicar's wife who had just lost her husband due to a sudden and unexpected heart attack.

That wonder of a modern age, the "email". It allows us to send messages through the ether almost magically to any location on the planet at the touch of a button. Sadly as with all technology things can go wrong, sometimes with an unfortunate outcome, as in this particular story which I am now about to relate.

A Chicago businessman who just happened by coincidence to have the same first name as a deceased vicar, decided to take short holiday in Florida. His wife, also a business woman, was to join him on the following day. All went smoothly enough, with a businessman checking into a Florida hotel on a scorching summers day. To let his wife know that he had arrived safely, he sent her an email.

Now great care should always be exercised when sending an email; just one letter incorrectly entered or misplaced could invite trouble. What happened on this fatal day is not clear, but what is beyond doubt, is where the email landed. It appeared on the screen of the vicar's wife, who had just lost her husband on the previous day.

There was a loud anguish cry from the good lady. Two members of her family rushed in to see a trembling ashen faced woman pointing at the computer screen. Three anxious faces looked on at the following message... "To my darling wife"... "I have arrived safely"... "Everything is in place for you to join me tomorrow" ...

"Your ever loving husband George"

PS... "It's mighty hot down here"

John Phillips

Write 300ish words on any subject - then send it to the editor



Currently all planned events remain cancelled until further notice.

As soon as we can safely start to meet again, events will be advertised in this Newsletter and on the Village Notice Boards.

lymingegardeners@gmail.com

MOTORCYCLES WANTED



MOT failures, non-runner, unfinished projects, damaged bikes, write-offs. From scooters to field bikes to 50% complete bikes. I will collect, remove and pay cash.

Telephone 01303 627021



Lyminge Historical Society



Due to the continuing Coronovirus situation, meetings are cancelled until further notice.

Please watch the Notice Boards and the Lyminge Newsletter for further updates. Stay safe and well.

Lyminge Historical Society Committee

Lyminge a history can be purchased individually through the Premier Food Store

Plus: purchase Parts 1-5 as a bundle for £22 or Parts 1-10 for £50*
To take advantage of the offer please call Daphne Andrews on
01303 862865. This bundle offer is not available from the shop.
*Postage and packaging extra

Pilates +



Pilates +

now online

Due to Covid-19 all my classes are now available online via the ZOOM app.

If you have a mobile phone tablet, laptop or computer then you can install the Free ZOOM app.

Once installed you simply sign in with your name and email address, no further information is required.

You will need to email me on the day that you want to join the class, before 09:30, so that I can send you the zoom link via email.

once you receive the link simply click on it and I'll accept you into the meeting and your up and running.

The classes are like we did in the hall, we can see each other and have a chat before the class.

It would be lovely to see old friends and new faces alike.

- To prevent muscle wastage
- Strengthen your core muscles
 Helps with balance and control
- Helps to improve your breathing
- Will relax your body and your mind
 It will stretch and relax tight back
 muscles

In all it's a great class to keep you fit

The classes are for everyone regardless of your age, ability or fitness. Pilates is taught in 3 levels and each of my classes include level 1 for beginners, level 2 for intermediate ability and level 3 for the more experienced. I am able to do this because each Pilates position has 3 levels of difficulty in each move.

Anyone thinking of taking up Pilates will be most welcome to join in. For more information please email me at.

pilates.mbs@gmail.com or phone 07825109670
Facebook Juliewattpilatesplus

Timetable

Monday 10:00-11:00 Tuesday 10:00-11:00 Wednesday 10:00-11:00 Thursday 10:00-11:00

Payment details

It is £5 per hour long

I can give you my bank details for bank transfer or you can pay by sending a cheque.

You can pay per class, per week or monthly.



How to get Pilates + online

- 1. Download ZOOM from the App Store
- Click on the app, sign in using your name and email address.
- From your device email me at <u>pilates.mbs@gmail.com</u> before 9.30 on the morning of your class.
- 4. I will send you the link by replying to your email at 9.45
- 5. To start the class at 10.00 in those 15mins we can chat
- 6. Do the class and enjoy

Need a little help

If your not sure about any aspect, from downloading the app, loggling on to joining in the lessons we can have a chat or practice getting You up and running whenever I'm not taking a

JLinks (PHYSIOTHERAPY

Would you like a physiotherapists to visit you at home?

- ✓ Highly experienced community physiotherapists
- ✓ Fully insured
- ✓ DBŚ checked
- ✓ HCPC registered

We can help with:

- All mobility and joint problems
- Recovery from surgery

Neurophysiotherapy can help with:

- Stroke
- Multiple sclerosis
- Parkinson's disease
- Head/Brain injuries
- Dizziness and balance problems

Group and individual sessions at our clinic in Stelling Minnis, CT4 6BB.

Contact us for supportive & friendly advice: Jayne Steadman: **07903 866590** Further information www.jlinks.co.uk.







Editor: pb@pbarnes20.plus.com

The LYA Lockdown Poetry Competition

We hope everyone is keeping safe and well. We are thrilled to share the winning entries to our Lockdown Poetry Competition.

First we'd like to say a big thank you to our judge Claire Carroll, for her time and expertise, and for giving such thoughtful and encouraging feedback to the young writers. Here's what she had to say about the standard of work:

"I was so impressed by the quality of the entries in this competition. They were an absolute joy to read and everyone should be very proud, not only of their poems, but of how they have coped during what has been such a difficult time for all of us. It was sooo hard choosing the winners as they are all winning entries in my eyes because of the individual nature of each poem."



But after careful consideration, she chose Molly, Jasmine and Georgia as the final winners. Congratulations to everyone who took part and we hope you enjoy the poems.

In other news, our work continues to raise funds for the play park project. If you can help in any way, please do get in touch. You can reach the LYA team at lymingeyouthaction@gmail.com. Many thanks to those who have already been in touch to direct us to possible funding opportunities.

And of course if you would like to donate to the project we can take online donations via lymingepark.com.

All the best Lyminge Youth Action

SOCIAL DISTANCING, by Jasmine, age 11

Swiftly the waves gallop towards the deserted beaches, Observing our new way of life from behind closed windows, Children courageously challenge themselves in home learning, Inspirational NHS staff putting their lives at risk to save others, As salty tears stream down sad faces, we wonder how much longer this will last, Longing to return to the life we once knew, Deadly disease is disastrous showing no discrimination to any generation, Invisible atoms travel through the air so we keep at least two metres apart, Safely we remain at home, away from harmful particles, The flood of donations to the NHS are a tsunami of big waves, As heavy as rocks our hearts miss our family and friends, Not knowing if or when we will see them all again, Crowded, busy roads are desolate deserts of never-ending sand, Imagine the rush of emotions as we embrace our loved ones again, Numerous parents telling their children a million times "not to do that", Governments supporting their countries to victory against this pandemic."

MOLLY'S LOCKDOWN POEM, by Molly, age 10

I have not really minded so much at home, but now I feel like I am alone. There is so much that is unknown. I feel like I am in just one dome. But now I see how boring it can be, without my friends beside me. Home schooling is not so bad, until Mum and Dad go mad. I don't want to hear the news. It makes me sad and gives me the blues. I will sit back and let Boris do his job, he is helping us defeat the mob. I am very lucky to live on a farm, I have not come to any harm. All the animals are my friends, the pigs and sheep, the geese, quails and hens. This is my poem and this is the end.

LOCKDOWN 2020, by Georgia, age 10

I was so confused at the start of this journey,

Could I meet my friends?
Could I go to school?
Could I go to parks?
Could I go on holiday?
Glad that I could call my family,
FaceTime is fantastic!
Disappointed I could not hug my grandparents,
Not hugging is horrendous,
Delighted that I could see people at a distance,
Distancing is so different,
Grateful for the NHS helping everyone,
Key workers deserve a round of applause,
I am proud of myself for getting through this journey,
I have learnt that things aren't so confusing after all.

LYMINGE PARISH COUNCIL NEWSLETTER AUGUST 2020

Forthcoming Council and Committee Agendas are displayed on the Council notice boards in Station Road car park, the Rhodes Minnis bus shelter and the entrance to the Village Hall car park Etchinghill. Agendas and minutes are published on the Council's website www.lymingepc.kentparishes.gov.uk and Facebook page. We invite you to read the minutes online or on the noticeboards which may provide the information you are seeking regarding a particular item, but correspondence is always welcome from parishioners and can be sent to the Clerk at the addresses given below.

COVID 19 - STAY ALERT > CONTROL THE VIRUS > SAVE LIVES

PLAY PARKS were allowed to open from 4th July inline with Government guidance. The Council were required to carry out a detailed risk assessment prior to any intention to open our play areas and it was clear that we could not meet the health and hygiene requirements. Therefore, the Council has decided that play areas should remain closed. If people still choose to use the equipment, they are doing so at their own risk, and notices have been displayed to advise this.

OPEN SPACES - The fine weather will tempt many people to resume going out and socialising but please remember that current guidelines still only allow for group size of 6 people. Groups of up to 30 people are allowed to meet outside but only if they are from just 2 households. Children's parties which do not meet these guidelines can not be held on our open spaces.

DOG FOULING – can dog owners please remember that they are responsible for clearing up any mess left by their dog. It is very socially irresponsible not to do so and can lead to all manner of different illnesses and diseases as well as debilitation should a pedestrian slip over as a result of dog fouling the pavement.

KENT COUNTY COUNCIL CONSULTATIONS

We will always try to make residents aware of KCC consultations so that you can have your say, but if you have a particular area of interest, you can register on KCC website to receive notifications directly. KENT DOWNS AREA OF OUTSTANDING NATURAL BEAUTY

KCC is currently hosting a consultation on behalf of the Kent Downs Area of Outstanding Natural Beauty Unit on their Draft Management Plan. The Draft Plan is now available for consultation giving you the chance to have your say before it is finalised, published and implemented.

Your views will help them to conserve the landscape for future generations while ensuring that today's residents and visitors can all benefit from a connection with the natural environment in an amazing landscape. Visit the KCC website: //www.kent.gov.uk/kentdownsaonb before the 7 September to find out more and participate in this consultation.

2020-21 BUDGET AMENDMENTS FOLLOWING COVID-19

KCC is inviting the county's residents to give their opinions to help amend its budget to cope with the financial impact of the Coronavirus pandemic. The consultation is inviting residents' views on spending priorities by visiting the website www.kent.gov.uk/budget and completing the online questionnaire. The consultation closes on 9th August.

Cherri Norman, Clerk and Responsible Financial Officer

Correspondence Address: Lyminge Parish Council, PO Box 1159, Canterbury, Kent CT1 9PR
Telephone: 07715 221 705 Email: lymingepc@btinternet.com
www.lymingepc.kentparishes.gov.uk
www.facebook.com
Lyminge Parish Council

HIGHWAYS UPDATE

RE-SURFACING - You may have seen the white road markings through Lyminge which signifies that extensive work is imminent. This work is most likely to be carried out OVERNIGHT. We have stressed to Highways that we need as much notice as possible to agree diversions and to inform parishioners.

DROPPED KERBS – The new dropped kerb locations in Etchinghill and Lyminge have been agreed and work has been scheduled for August. The work at each location will take 1-2 days and will require minor diversions whilst the work is carried out.

LYMINGE AONB SIGNS – The installation of the 4 new signs at the main entrances to the village (Brady Rd, Longage Hill, Canterbury Rd) has been scheduled for August. Again, there may be minor diversions or traffic lights in place for 1-2 days at each location to allow these works to be carried out safely by KCC Highways.

PARKING OUTSIDE LYMINGE FOOD AND WINE / CANTERBURY ROAD - You will recall the survey that we undertook concerning the dangers posed by parked cars along Canterbury Road in the vicinity of the Post Office. The feedback we have from you showed a significant number of parishioners responding to the survey thought double yellow lines along the most dangerous stretch should be considered.

We have referred the matter back to Folkestone and Hythe District Council who consider any changes to road lining. When we met with the Folkestone & Hythe officer and the Highways representative, they felt that a stretch of double yellow lines running from the telephone exchange as far as Bank Chambers should be considered. This is because parking along this stretch forces drivers approaching from the Elham direction to drive on the wrong side of the road with no line of sight through the bend beyond the Post Office. There have been numerous near misses and occasions when a bus and lorry have met head on. The officer from Folkestone & Hythe felt the lines outside the Post Office should remain unchanged.

These proposals will go to the Joint Transport Board in September and then to public consultation, but if you have a view you can contact the Clerk now (details below). The ideal scenario remains for shoppers to park in the Library car park and walk the short distance to the Post Office. The possibility of a zebra crossing has been discussed with Folkestone & Hythe and Highways, but apart from the cost (possibly half our annual precept figure), there is no point on the route between the car park and the shop where drivers would have sufficient warning that they are approaching a zebra crossing.

YOUR PARISH NEEDS YOU! – We are looking for a reliable HANDYMAN or HANDYWOMAN to undertake small jobs around the parish on a regular basis, such as painting, carpentry, small fixes etc. If you have these skills and would be interested in quoting for work required please contact the Clerk for further information.

FUTURE COUNCIL MEETINGS

Our meetings are still being held virtually. Members of the public are welcome to attend the virtual meetings. There will still be a specific opportunity to comment upon items on the agenda, or raise other matters. Anyone who wishes to attend, should contact the Clerk for details.

Monday 24 August - Extraordinary Meeting of the council at 7.30pm, Zoom online meeting

COMMUNITY SAFETY CONTACTS

The PCSO for Etchinghill, Lyminge and Rhodes Minnis, Nicholas Hazell, can be contacted on 101 KCC Community Warden Gary Harrison can be contacted on 07977 982185



Re-wilding

Leaving a small area of your garden uncut through the growing season (March – August) will provide a fantastic refuge for wildlife. Ground dwelling insects will thrive. Amphibians, reptiles, mammals and birds will prosper from this available larder, and we will be surrounded by nature in our own back garden.

Across the parish people have been doing their own little bit of re-wilding with some beautiful results. The photo is an example of what can be achieved on what was a normal lawn just a few years ago. Also wonderfully the next door neighbour has also got a patch in their front Garden. So the idea is already spreading and yet another fantastic example of our community coming together with nature at its the heart.

Action in August

10th August starts National Allotments Week – rethink your life to Growing Food for Health and Wellbeing Look out for more local help and information and visit www.nsalg.org.uk

22nd August shows Earth's Overshoot Day – Humanity's demands for ecological resources and services in a given year exceeds what the Earth can regenerate in that year – 2020 see's Earth reach this it at DAY 235!!

Check out https://www.overshootday.org/about-earth-overshoot-day/

1st September begins Creationtide to 4th October with Climate Sunday: 6th September

Read how the Church of England are responding to Climate Change – search: cofe environment

Lyminge's 3rd Annual Community Tree Planting Event

Over the last two years LCA and volunteers have planted over 6,000 trees. As the tree planting season approaches we are thinking about getting the spades ready for some more planting. This year we are planning to change how we structure the event. We will still do some hedge planting and a site has already been located that will give easy access to families, so children can plant their first tree or if they are now well versed then to get on and get their hands dirty. This year we would like to invite all those who would like to plant a tree or even a few trees on their own land to contact us and we can work with you to make it happen. We will do a demonstration of how to plant a tree and then you can take your new tree(s) home and watch it grow as a family. If you have space and would like to be involved please contact us at lymingeclimateaction@gmail.com

Planting a single tree has benefits for people, wildlife and the environment. Those benefits vastly increase when planting many trees across a landscape and that's what we hope to achieve as a community. From single trees in many of our gardens to small clumps of trees for those that have room, let's make Lyminge Parish look greener than it has for decades. To do this we need to come together to look after the trees we already have and get on with the job in hand of planting more.

Why are Trees so important in the fight against Climate Change?

Global warming is happening at a faster rate than ever. Our polar ice caps are melting and our forests are burning. We're in a climate emergency and it's threatening our planet. According to experts, we're on track for an increase of between 3°C and 4°C by 2100. And these are only global average temperatures. At the poles and over land (where people live), the increase may be higher – possibly even double. Once we've reached the tipping point we'll be powerless to intervene.

We need to act fast! There will be devastating consequences as temperatures soar. Changes will be irreversible as ecosystems collapse. Our planet will be unrecognisable. The Intergovernmental Panel on Climate Change (IPCC) has warned that global temperatures need to be kept from rising by more than 1.5°C. We've already passed 1°C. We need to act now. The UK has pledged to be carbon neutral by 2050, but how can we achieve it?

We need to seriously reduce our emissions, and find a way of reducing the damage already done. Technology is being explored to remove CO2 – the biggest culprit – from the atmosphere, but they are expensive and complex. There is a simpler solution – and it's our most powerful weapon in the fight against climate change: trees. (https://www.woodlandtrust.org.uk/trees-woods-and-wildlife/british-trees/howtrees-fight-climate-change/)

Join the conversation

Lyminge Climate Action has a Facebook page to share tips and information on ways to personally and locally tackle climate change. If you live in or around the Lyminge Parish, and would like to join the conversation, please do search for the group on Facebook and request to join.

Thoughtful Food is a group of local volunteers looking at our food, and how this impacts climate change. Our aims are to support people to produce more of their own food, and to shop locally, sourcing seasonal produce. We also run a community allotment in Lyminge and welcome new members.

Contact: thoughtfulfoodgroup@gmail.com or on Facebook and Instagram @thoughtfulfoodgroup. We are meeting on the first Tuesday evening of the month - please email if you would like to attend.



New Growers Workshops

Earlier this year, with the support of Lyminge Gardener's Society, we ran some workshops for new vegetable gardeners. These were sadly cut short by the lockdown, but plans are afoot to run the series again next year and the feedback from those who attended was so positive:

'Amazing workshops run by Anne and her helpers - gave me the confidence to start growing my own and I am thrilled with my garden produce. Fresh rocket



leaves in lunchtime sandwiches, eating peas fresh from the pod and marvelling at how much space a courgette plant needs! More lessons being learnt all the time - next year will be even better! I highly recommend these workshops; everyone is in the same boat, learning as we go and there's no such thing as a stupid question!'

The photos shown are a small selection from the gardens of those who attended - some amazing successes! If you are a novice vegetable gardener, or would like support to grow more food, look out for the 2021 dates in next month's newsletter. Places are limited so please book early to avoid disappointment. Happy Growing!





SEED SWAPPING

Seeds are Mother Nature's way of giving us something for nothing as well as helping to replicate a species in the years to come.

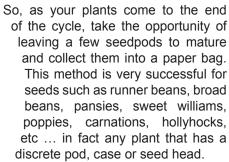
In this particular case we are considering plant seeds, whether they be garden flowers or vegetables. Flowers are the prelude to seeds and the purpose of this article is to encourage people to harvest seeds for the following year.

In general, the best advice is to leave the seed head to mature on the plant for as long as possible. This is to ensure all the relevant nutrients are packed into the seed ready to overwinter.

The challenge is to collect the seeds from the pods or seed cases on a sunny day and to store them in a viable state. Try and avoid including the seed head/pod itself as this can cause mildew. This is best done by placing the seed in a paper, not plastic, bag. This can be literally a bag or a discarded envelope or a piece of newspaper folded into a pocket to store the seeds. The bag should then be stored in a cool, dry place until sowing time, remembering to record the name of the plant along with any other details such as height, colour

(if a flower) and any other peculiarities.

Generally, a search on the internet will give you some idea on how to plant the seed in the year ahead.



Seeds from fleshy fruit such as tomatoes are more difficult to extract and dry but can be just as rewarding. One word of caution though is that some seeds may be different to the parent, particularly if they get as E1 varieties.

were bought as F1 varieties.

The Lyminge Climate Action group intends to provide an opportunity to swap excess seeds early in the spring 2021. This event will be well advertised in advance, so please make sure you collect as many seeds as possible this coming autumn to share across the community.

Letters To The Editor.....

I hope I am not the first to contact yourselves regarding the state of the field behind the village hall recently. Due to the current situation it has been an area of the village (more so than ever) where people jog, play football and kids ride their bikes. Last week I took my daughter over there to let off some steam and ride her bike. I was disgusted to find there was broken glass, bottles, used fireworks, a burnt patch of grass and mess as though there had been a party or someone camping.

As a community area in a local village this felt so disappointing that anyone would leave it in this mess, I am aware that the local community warden has been notified but I cannot believe that any local resident (or their children) would allow for this space to be treated in this way. Where it was safe to do so we cleared the larger pieces of glass and bottles but due to the risks around touching objects at the moment I could not clear all of the debris. Once the other pre-school mums found out about it one of the mums went over with thick gloves and bin bags and selflessly cleared the area to make it safe. I am slightly concerned that by merely clearing the debris the root cause has not been tackled and it would be disappointing to see the same issue recur. With this in mind please can you use your voice in the community to highlight the issue and urge our local residents to proactively deter this from happening again. Kind regards Samantha Grieve.

Reply from Lyminge Parish Council

"Please remember that Jubilee Field is for the enjoyment of all. There has been damage to noticeboards recently and reports of disturbances, fires and rubbish being left. The Community Warden is aware and if you see anything that you feel should be reported to the Police, please ring 101. Our PCSOs have been asked to check the field when they can. They cannot investigate if they are not told."

Further to recent comments about Court Lodge Green (the Bumpy Field) the council has responded by saying:

"The cutting schedule for Court Lodge Green was delayed by virtue of the lockdown. Footpaths were required to be cut to a 1 metre width. With social distancing (which could not have been foreseen when the plan was adopted by the Council) we have asked the contractor to widen the public footpath cut to two metres. The establishment of the wildflower areas will not be achieved within the first few months or even the first year of the management plan: it takes time and work to reduce the fertility of the soil. That is why when the whole area is cut in due course, the cuttings will be removed and not left to enrich the soil as in previous years".



Lyminge Bowls Club

Lyminge Bowls Club has just acquired a new wheelchair: specially designed to be used on a bowling green. This is thanks to a generous donation from our oldest: member, John Long, and additional funding from the Lyminge Association. We could not have bought the wheelchair without them. Our thanks to them and to all the people of Lyminge who support the Lyminge Association. John is pictured modelling the new chair! The wheelchair allows people with limited mobility to enjoy the game of bowls. It may be that you are unable : to walk or stand. If so, the chair is specially adapted to allow you to bowl while seated. Alternatively, you may just find it difficult to walk any distance or to stand for long periods of time. If that is the case, you can use the chair to travel up and down the green, stand to deliver your bowls and then sit down again.

We at the club very much hope that some people who have not previously thought they could bowl will give the game a try. It may be your first chance in a while to join in a team game which can be played just for fun or at a competitive level. It's a game for all ages and abilities and is a very sociable activity, with social events throughout the winter as well as games in the summer months. It is a great addition to the facilities we provide at Lyminge's bowls club.

Unfortunately, as with so many other things, at the moment the club is not fully open and we can't take new members this year. However, if you are interested, keep your eyes open next March for our advert in the Lyminge Newsletter about free coaching for potential new members. Call the Secretary, Maggie, on 01303 863449 for more information or email sellindge11@gmail.com

Following last month's plea for some identification of the stone above a very detailed reply was received from Andrew Coleman

Any Clues Anybody?? The stone below was found in a local field. At first glance, there seems to be nothing exceptional about it until you realise it fits perfectly in the right hand and the thumb moves smoothly in the well-worn groove. On the opposite side, the middle finger fits again closely to the groove. Is this an early form of a thumb stone, an older equivalent of the more modern worry, thumb or palm stones or gemstones? Please send any thoughts to the Editor, Peter Barnes, pb@pbarnes20.plus.com







"That stone with matching depressions looks like a natural flint to me, but it's always risky to try to identify from photographs alone.

In the south, flints usually have their origins in Chalk but if it is a flint, this one has been removed from the chalk for millions of years and has taken on a patina derived from its most recent host material.

That rougher outer surface gives the appearance of sand and suggests it has been most recently residing in a geological deposit called "Clay-with-Flints" which confusingly can be more like sand-with-flints in these parts. I've seen the sandy variety on the top of Tolsford Hill and in parts of Lyminge Forest. The lip of the depression appears quite smooth, as if polished by wear, but this is also characteristic of a type of flint called a "Paramoudra". These are normally much larger, giving the appearance of a stack of doughnuts at one end of the scale up to a stack of barrels at the other. The inner part can be filled with a very hard mineralised chalk but this is often missing as a result of weathering, in which case the hole in the middle becomes obvious.

The example in the photo may be an incipient Paramoudra, not yet fully formed.

As to how they are formed, the short answer is no one really knows; the long answer has been the subject of many learned papers. All garee that they are essentially tubes which were formed in chalk sediment at the bottom of a tropical sea between about 90 to 66 million years ago. Also agreed is that, like most flints, they are "Trace Fossils". Trace Fossils are the traces left in sediments by animals or plants which are unknown. The most popular explanation for these flints is that they were formed by sponge-like animals living on the sea bed and developing upward as the sediment accumulated around them.

But it could be something entirely different!"



Maidstone Have you helped this lady...?? and Mid-Kent If not, it's not too late.

Following last month's article, Midge Bennett set off on her challenge to walk 100km and raise money for MIND. Her update follows:

"I'm happy to say that I pushed my body hard & completed my 42 mile walk in 11.5 hours on Friday 3rd July, crashed out overnight, and then the further 20.2 miles the next day achieving the total of 62.2 miles (100km)!

However, it was much tougher than I was expecting due to the very strong winds (& rain on Saturday 4th!). So it left me feeling exhausted and needing a bit of a rest from walking to let my body fully recover.

I met some wonderful & generous people along my route. A gentleman from Lyminge called me and asked me all about it after reading the Lyminge **Newsletter** article. This was particularly special as I later learned that he had kindly donated a very large amount to my page, so thank you!

So if there are any other people who would like to donate to my Page. I'd be very grateful as I'm very close now to my target of £1,000!"

Donations can be left at uk.virginmoneygiving.com/MidgeBennett1





Lyminge Pre-School



Lyminge Preschool provides quality Early Years education and day care all year round for children aged 2-5 years. The Pre-School is run by a team of qualified, highly experienced and dedicated practitioners.

Lyminge Pre-school has a safe, stimulating and fun environment that provides support and challenge for all of the children's individual needs. We welcome all children from the age of two from all surrounding areas.

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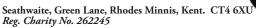
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Contacts:

Chair: Peter Barnes 863737

pb@pbarnes20.plus.com

Vice Chair: Adrian Willcox 862699

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Treasurer: Janet Fry 863177

janet@rhodesminnis.org.uk

Committee Members: Marian Chubb, Richard Chubb. Fran Davis. Amanda Duckett. Dave Hunt-Cooke, Gillian Heywood, Sylvia Norris, Derek Smith,

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Newsletter: As for Peter Barnes above

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The Duty Manager on 07514 758936



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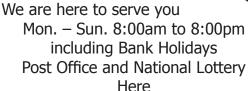


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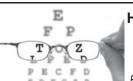
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Registered with the General Optical Council (01-15421) Member of the College of Optometrists Member of the Association of Optometrists

Out & About..º

Do you have any photos of local events or groups in action? If so can you please forward them along with a few words relating to each photo to pb@pbarnes20.plus.com

Wayside Watch



Common Ragwort ~ Often seen at the roadside and scrubland. Poisonous to livestock although deer will leave it if it is standing but not if it is cut. It can grow up to 1.5 metres tall. Note the very forked



Bush Vetch ~ Also seen at the roadside where its small violet-blue, pea-like flower heads contrast with the grass. It uses fine tendrils to climb up nearby vegetation. The opposite pairs of its leaves can be seen in the photo.

If you have any photos of favourite wild flowers in bloom locally, please send them to adrian.willcox@virgin.net together with a few words about them.

Retaining Wall in Lyminge Parish Church

Before and After pictures of the wall in the churchyard by the south porch. This was built by Canon Jenkins in the 1850s as a retaining wall for the burial ground behind after he had excavated the Anglo-Saxon church. You can see how the wall follows the line of the church which



Out & About (contd)



PAPER MACHE
DRAGON SEEN
RECENTLY ON
BORDER BETWEEN
RHODES MINNIS
AND LYMINGE

Created by Lyminge Ladies Craft Group



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