

# THE LYMINGE NEWSLETTER

For the communities of LYMINGE, ETCHINGHILL, RHODES MINNIS and POSTLING

May 2020

Produced by  
THE LYMINGE ASSOCIATION  
[www.lyminge.org.uk](http://www.lyminge.org.uk)

From The Lyminge Association



## Editor's Muses

One thing that has come out of the pandemic we find ourselves in, is an appreciation for the area in which we live. So many people I've met as I walk the walk each day have uttered the same words - *"What a lovely area we live in!!"*

We are indeed fortunate when we consider some of the suffering people are struggling with in towns and cities. The need now is for us to look after what we have, nurturing and enhancing it as best as we are able. It doesn't have to be a quantum leap since every small step in the right direction helps whether it relates to the countryside, our street or our community. Not to take a step is not an option since we need to develop our love for nature and our community and not bury our heads in the sand in the hope the issues go away.

Part of that gratitude is reflected in the message above and in many of our windows across the parish. Everybody who steps up to the mark to ensure and enable us to maintain some structure and organisation is to be thanked. Without them we would undoubtedly be entering into chaos, as people fall under the Covid 19 umbrella and our society starts to fragment. To list them all is an impossible task and risks leaving some people out, but to all the Key Workers, our heartfelt thanks for all you do.

***How we will emerge from this crisis is anybody's guess, but emerge we will with a renewed energy to succeed. To help all the people who advertise on an annual basis in the newsletter, the committee has agreed to give three free months advertising. The accounts will be adjusted upon renewal.***

In the meantime, please keep safe and hopefully we can return to a printed version of the newsletter next month.

# DIARY OF EVENTS

This page is printed to give readers and organisers the opportunity of planning events without clashing with existing ones, which are already in the 'diary'. It is not intended as a means of advertising and we take no responsibility for errors or omissions. Acceptance is at the discretion of the editor. Please send your updates by email to [pb@pbarnes20.plus.com](mailto:pb@pbarnes20.plus.com) or via methods outlined on Page 2. **Location and name codes follow:**

**C&H:** Coach & Horses; **EVH:** Etchinghill Village Hall; **ERA:** Etchinghill Residents' Association; **ELVH:** Elham Village Hall, **EVLT:** Elham Valley Line Trust, **JC:** Jubilee Centre; **JF:** Jubilee Field; **KH:** Korf House; **LB:** Laing Bennett; **LBC:** Bowls Club; **LL:** Library; **LMC:** Lyminge Methodist Church; **LPC:** Lyminge Parish Church; **LPS:** Lyminge Primary School; **LVH:** Lyminge Village Hall; **LW:** Lord Whisky; **NP:** Nailbourne Court; **PC:** Postling Church; **PH:** Lord Whisky, Park Hse; **PVH:** Postling Village Hall; **RVH:** Rhodes Minnis Village Hall; **RMC:** Rhodes Minnis Church; **RMCS:** Rhodes Minnis Cat Sanctuary; **RR:** Rigden Room; **SMVH:** Stelling Minnis Village Hall, **SNL:** See News Letter for info; **SP:** Sibton Park; **SPCC:** Sibton Park Cricket Club; **TC:** Tayne Centre; **TF:** Tayne Field; **WF:** Well Field

## One-Off Events

Date	Time	Event	Where	Tel. No.	Date	Time	Event	Where	Tel. No.
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# CHECK WITH THE COORDINATOR IF YOU WANT CONFIRMATION ON AN EVENT

**Coronavirus has significantly curtailed activities  
- please be socially aware and responsible**

## Weekly Events

Day	Time	Event	Where	Tel. No.	Day	Time	Event	Where	Tel. No.
Mon	10am	Open House	EVH	863394	Wed <sup>5</sup>	7pm	French Conversation	KH	862972
Mon	10am	Bridge Club	LBC	863177	Wed	7pm	Tayne Centre Circuits	TC	07925 982995
Mon	10.30am	Lyminge Larks (Singing)	LMC	07951 572920	Wed	7pm	Cantores Dominicae Choir	LMC	07813071867
Mon	11am	Pilates	TC	07825109670	Thur	10am	RM Toddlers Group	RVH	863096
Mon	2.30pm	Knit and Natter	TC	863049	Thur	10am	Art Group - Morning	TC	211364
Mon	6.30pm	Ballroom/Latin/Salsa Dancing	TC	07966 751991	Thur	10am	Memory Sessions	JC	269602
Mon	6.30pm	Judo Club	LVH	862946	Thur	10am	COGS Club	jJC	269602
Mon	7.30pm	Yoga	RMVH	07977503897	Thur	10.15am	Baby Rhyme Time	LL	03000413131
Tues	10am	COGS Club	JC	269602	Thur	11am	Shopping trips to Supermarket	JC	269602
Tues	10.30am	Art Class	JC	269602	Thur	2pm	Art Group - Afternoon	TC	862972
Tues	11am	Reminiscence	JC	269602	Thur	2-4pm	Free Computer Help & Guidance	LL	03000413131
Tues	11.15am	Chairbics	JC	269602	Thur	6.45pm	Short Mat Bowls	LVH	863842
Tues	2pm	Pickleball	EVH	863819	Thur	7pm	Pilates	EVH	7951698008
Tues	6.45pm	Short Mat Bowls	LVH	863842	Fri	7.30pm	Ballroom and Salsa Dancing	EVH	07967979610
Tues	10am	Memory Sessions	JC	269602	Fri	10am	Feel A Fairy Tale Sensory	EVH	07800737936
Wed	10.45am	Singing For Health	JC	862364	Fri	10.15am	Talk Time	LL	03000413131
Wed	11.45am	Pilates	TC	07825109670	Fri	11am	Seated Exercise	JC	269602

## Monthly Events

When	Time	Event	Where	Tel. No.	When	Time	Event	Where	Tel. No.
3rd Mon	7.30pm	Etchinghill Film Night	EVH	07544670363	1st Thurs	6pm	Refill Station	LVH	
Last Mon		Parish Council Meeting	SNL	07715221705	3rd Wed	9.45am	Family History	LL	03000413131
1st Tues	2pm	Lyminge Reading Group	LL	03000413131	4th Wed	2.30pm	RM Circle	RVH	862913
1st Tues <sup>3</sup>	7.30pm	LHS Talk/Event	TC	863879	Last Wed	7.30pm	Quiz Night	C&H	862694
		Lyminge Reading Group							
2nd Tues	2pm	2 (Railway Readers)	LL	03000413131	4th Fri	7.30pm	Beetle Drive	RVH	862616
3rd Tues <sup>2</sup>	7.30pm	Gardeners' Society	TC	07703149008	Last Fri	1.30pm	Team Quiz	JC	269602
Last Tues	2.15pm	Poetry Group	LL	03000413131	1st Sat	10am	Saturday@10	EVH	
1st Wed	10.30am	Lyminge Friends	RR	862598	2nd Sat	10am	Postling Ch. Coffee Morning	PC	863536
2nd Wed	10.30am	Mothers Union	NC	862221	3rd Sat	9am	Saturday Market	TC	862710
1st Thurs	2pm	RBL, Elham Valley	St Mary's	862508					

<sup>1</sup> In term time only <sup>2</sup> Except Jan and Feb <sup>3</sup> Except Jan, Feb, and trip in Aug <sup>4</sup> Except Aug and Dec <sup>5</sup> Not held in August



## CHRISTIANS IN LYMINGE



All religious activities have had to be cancelled for the foreseeable future.  
We look forward to meeting up again as soon as all lock-down restrictions are over.

### A MEDITATION

His gracious hand shall wipe the tears  
From every weeping eye;  
And pains and groans and griefs and fears and death itself, shall die.  
Behold, I change all human things! saith he, whose words are true;  
Lo! what was old is pass'd away, and all things are made new!

I am the first and I the last through endless years the same;  
I AM, is my memorial still, and my eternal name.  
Ho, ye that thirst! to you my grace shall hidden streams disclose,  
And open full the sacred spring, whence life for ever flows.

**Mel Wright**

Lyminge Parishioner



Will  
and  
Mel Wright  
entertaining  
Mayfield  
Road during  
the  
lock-down



### Lyminge Newsletter

**Terms & Conditions: Copy deadline for next edition - 18 June 2020.**

Please email your copy in to the editor ([pb@pbarnes20.plus.com](mailto:pb@pbarnes20.plus.com)). Your payment must be received before your article or advert can appear in the Newsletter. Please leave your payment along with your name, organisation, telephone number and copy of your ad in a sealed envelope at the Lyminge Library.

**Business adverts** cost £9.50 per month or £95.00 per year. **Personal and charity adverts and articles** from £3 per month, or £30.00 per year. The annual rate offers 12 entries for the price of 10. Please make cheques payable to **'The Lyminge Association'**. If you do not have email, a typed paper-copy may be left with the payment at the Library.

Lyminge Association accepts no liability for the accuracy of the advertisements or subsequent actions arising in conjunction with advertisers in the newsletter.

**Further details from Peter Barnes (editor) on 01303 863737**



# Community Support Hub

## COVID-19 Pandemic

Since 19th March, Hythe's Community Support Hub has been working with local partners and Councils, operating out of the Age UK Hythe and Lyminge Centre in Stade Street, Hythe. We have been the main point of contact for those living in Hythe and surrounding areas who require support during this pandemic.

The call for Volunteers has provoked an amazing response and we are so very grateful. Our volunteers and staff can arrange to do shopping and deliver it, collect prescriptions from pharmacies, deliver meals-on-wheels (which can include breakfast and tea, as well as a hot two-course lunch), take dogs for walks, make telephone calls to anyone wanting a chat, make telephone welfare checks and deliver clean and pressed laundry.

The support hub is open to anyone needing assistance at this time, not just the elderly. Please call to see how we can help – tel: 01303 269602, we are open seven days a week, 9am – 4pm.



## The Lyminge Play Park Project: An Update

In what is such a difficult time for so many, we have been thrilled to see so many wonderful examples of kindness and community spirit in the village, and further afield.

Last month we asked for nominations for those who deserve a special thanks. We received four nominations, and couldn't just choose two, so special Easter bundles will be delivered to Jane Pace, from Lyminge library, paramedic Claire Farmer and local volunteer and organiser of the Christmas Day Lunch Club, Sam Cunningham.

We also put together a hamper of goodies to deliver to **Streetz to Streetz**, who do amazing work for homeless, vulnerable people, emergency services and the NHS.

We'd also like to thank local mum Catherine, who set up a virtual Spring Quiz for those looking for some entertainment during the lock-down, with the entry fee donated to the park project. And congratulations to Zara and family who won the prize draw and received a fruit and veg box from local supplier **Foodari**.

Finally, a big thank you to all the front-line workers - including those on the LYA team - who are working tirelessly to help those in need. And if we can help with anything at this difficult time please reach out to the team at [lymingeyouthaction@gmail.com](mailto:lymingeyouthaction@gmail.com).

All the best, *Lyminge Youth Action*





# Etchinghill Update - May 2020

## ETCHINGHILL RESIDENTS' ASSOCIATION (ERA)

1. During the current coronavirus outbreak, all ERA functions remain postponed until further notice. Be sure to check our Facebook page, Etchinghill Residents, and our website [www.etchinghill.info](http://www.etchinghill.info) for up to date information

2. Work on supplying power for the Christmas tree lights near the golf entrance is almost complete. UK Power Networks were due to supply power to the new feeder posts, which were installed during the winter, just as the lock down was announced. The connection will be made as soon as the lock down regulations are relaxed but is subject to the availability of UKPN to be able to complete the work in time - fingers crossed!

## ETCHINGHILL VILLAGE HALL – JOHN WHITE – 01303 863819

All events, classes and bookings at the Village Hall have been postponed until the Self Isolation ban has been lifted.

## NEIGHBOURHOOD WATCH – Jim Parris / Andrew Judd

Scammers will continue to target people looking to buy medical supplies online. They will send emails offering fake medical support and trying to scam people who may be vulnerable or increasingly isolated at home. Once your monies are sent, the supplies never arrive. If it looks too good to be true with miracle cures and promises of medical supplies, then it probably is.

Criminals are experts at impersonating people, organisations and the police. They spend hours researching you hoping you'll let your guard down for just a moment. They can contact you by phone, email, text, on social media, or in person. They will try to trick you into parting with your money, personal information, or buying goods or services that don't exist.

If you are approached unexpectedly remember to:

- Stop: Taking a moment to think before parting with your money or information could keep you safe.
- Challenge: Could it be fake? It's ok to reject, refuse or ignore any requests. Only criminals will try to rush or panic you.
- Protect: Contact your bank immediately if you think you've fallen victim to a scam and report it to Action Fraud.
- You can also report suspicious texts by forwarding the original message to 7726, which spells SPAM on your keypad.

**HMRC:** The police, or your bank, will never ask you to withdraw money or transfer it to a different account. As it is that time of year when we have just had the end of the Tax year, please be aware that scammers are busy. If you receive any messages like below impersonating HMRC promising a refund and that you need to click on a link, it is a scam. HMRC would never ask you to respond in this way and ask for personal details via a link.

Remember the ABC of scam protection and do not ASSUME or BELIEVE anything you receive via email, text or telephone is genuine, always CONFIRM by contacting a trusted source, Bank, Police, family or friend.

Never click on links or divulge personal data or account details when receiving an out of the blue message. "If it is "Too good to be true, then it probably is."

- They will also never ask you to reveal your full banking password or PIN.
- Do not click on links or attachments in unexpected or suspicious texts or emails.
- Confirm requests are genuine by using a known number or email address to contact organisations directly.

If you would like to receive regular Neighbourhood Watch updates about local crime and Scams please contact Jim Parris (family.parris13@btinternet.com) and Jim will add you to the circulation list.

Thank you to :PSE 59727 Andrew Judd Volunteer & Neighbourhood Watch Liaison Officer, South East Kent Police for this information

**Please contact Barbara on 862873 or [Barbara.newing@hotmail.co.uk](mailto:Barbara.newing@hotmail.co.uk) if you would like an item included in this section.**







With thanks to Martine Norton



We have unfortunately for the time being had to close our Skills Centres at the Vineyard and at Greenbanks in Barham, as well as the Vineyard Cafe and Garden Centre.

But we are keeping in touch with our students and are now offering three online sessions a day. This is a new activity for us. We have set up and leant equipment to students so that they have the technology & know how to enable them to participate in these sessions. There are two regular sessions, our Chat Club at 1.30pm each day, and Penny's story reading at 4.00pm each day. At 11.00am

we are running different sessions drawn from those we would normally offer at the Centre including art and craft, cooking and music. As well as for our regular students, this service is open to all members of the learning disabilities community who will be given a warm welcome. If you would like more information, or would like to join our online sessions please contact us at [info@fifthtrust.co.uk](mailto:info@fifthtrust.co.uk).

We wish you all the very best during this difficult time, and we are grateful for your continued support. We will reopen as soon as it is safe to do so; please visit our web-site for updates.

The Fifth Trust is a charity supporting adults with learning disabilities.

## New Fridge, Lyminge Village Hall

Every year Lyminge Village Hall is incredibly privileged to host the amazing volunteers from the Christmas Day Lunch Club. With help from the wider community this charity provides a delicious Christmas lunch for vulnerable residents of the Parish who might otherwise spend Christmas Day alone.

Founder Sam Cunningham and her team were joined last Christmas by District Councillor, Susan Carey. When Susan asked how the event could be further supported, Sam suggested that a bigger fridge could help deliver the Christmas lunch more smoothly as well as benefit the wider community that use the Hall.

I'm now delighted to say that a grant from the District Council has been secured for this new asset. Therefore on behalf of the Village Hall Committee, I would like to thank both the District Council and the wonderful CDLC volunteers for the unstinting work that they do for our community.

*Owen Standen*, Chair LVH

### Local help during Covid19 pandemic

No one should feel as though they are alone during this challenging time. Folkestone, Hythe & Romney Marsh are pulling together and your community is here to help to:

- Provide food for those not able to get or prepare it themselves
- Assist with the collection and delivery of food orders
- Collect and deliver medical supplies
- Walk dogs
- Offer someone to talk to for advice and reassurance

Assistance is not limited to the above - we will try and assist our vulnerable residents in any way we can.

Anyone who cannot go out (whether self-isolating, immobile or unwell) and who does not have support networks (friends, family, neighbours) to do this for them should contact the Community Hub in their area.

There are three Community Hubs serving our area. They are run by volunteers and supported by Folkestone & Hythe District staff and resources.

**Our thanks to Age UK for taking the lead For Hythe, Lymington, Postling, Sellindge, Lymington, Stowting, Stelling Minnis, Stanford, Acrise, Elham, Paddlesworth, Swingfield**

Email [COVID-19@ageukhl.org.uk](mailto:COVID-19@ageukhl.org.uk) Call 01303 269602

Every day 9am – 4pm

Our thanks to Three Hills Sports Centre, Citizens Advice Bureau and Kent Coast Volunteering for taking the lead with Folkestone, Hawkinge, Newington, Sandgate

Email [covid-19@3hsp.co.uk](mailto:covid-19@3hsp.co.uk) Call 01303 316186

Every day 9am – 4pm

Our thanks to the Romney Marsh Day Centre for taking the lead for New Romney, Dymchurch, St Mary in the Marsh, St Marys Bay, Burmarsh, Iychurch, Old Romney, Lydd, Brenzett / Brookland, Newchurch, Snargate

Email [covid-19@rmdc.org.uk](mailto:covid-19@rmdc.org.uk) Call 01797 208590

Monday – Friday 9am – 4pm

There is also a general helpline for COVID-19 matters

Email [covid-19@folkestone-hythe.gov.uk](mailto:covid-19@folkestone-hythe.gov.uk) Call 01303 761 116

Every day 9am to 5pm

There is also information on the District Council website at [folkestone-hythe.gov.uk/coronavirus](http://folkestone-hythe.gov.uk/coronavirus)

There is also a helpline set up by Kent County Council that covers the whole of Kent and is available 24/7 at 03000 41 92 92 or [www.kent.gov.uk/KentTogether](http://www.kent.gov.uk/KentTogether)

It doesn't matter which number you choose to make contact as your County and District Council are working closely together with the NHS, emergency services and the Community Hubs to ensure people get the support they need, when they need it.

You can volunteer to help if you are not one of the at-risk group who should be self-isolating (although anyone can volunteer to make phone calls).

There's more information available at [www.folkestone-hythe.gov.uk/community-hub](http://www.folkestone-hythe.gov.uk/community-hub)

#### Council Services

Council offices are closed to personal callers but most staff are still working and contactable on the usual email and telephone numbers.

Formal council meetings are cancelled but much work is still continuing by email and tele/video conferencing. You can also still contact your local councillor by phone or email (see the council website).

The kerbside waste and recycling services are running as normal. The Household Waste Recycling Centres are closed (their staff are helping with the kerbside collections).

Libraries are closed but you can still borrow e-books and e-magazines.

We have given priority in our services to supporting the most vulnerable and our staff are coping with a reduction in numbers because of sickness and the need for some to self-isolate. At this exceptional time, please make allowances and be patient when you contact us for 'normal' business.

We thank all those helping our community during the pandemic and ask you all to continue to take care of yourselves and each other.

*Susan Carey and Jenny Hollingsbee*

**Susan Carey ([susan.carey@folkestone-hythe.gov.uk](mailto:susan.carey@folkestone-hythe.gov.uk) 01303 670561) and Jenny Hollingsbee ([Jenny.hollingsbee@folkestone-hythe.gov.uk](mailto:Jenny.hollingsbee@folkestone-hythe.gov.uk) 07887918458) - your district councillors for North Downs West, Folkestone and Hythe District Council**

### Lymington Friends - May 2020

The meetings and visits for May and June have been cancelled due to Covid19. Hopefully we will have better news soon.

Keep well and stay safe

**Meetings are 10.30am - 12.30pm in the Rigden Room of the Tayne Centre.** Entry for 2020 is £3.00 which includes light refreshments. We are a friendly social group and welcome new members so just drop into one of our meetings, or, if you'd like to talk to one of us first, please call 863500.







# Pathways to the Past

*Exploring the Legacy of Ethelburga*



**May be you can help us**


Despite the continuing lock-down because of Covid-19, we remain optimistic that the restrictions currently in place will have been lifted by the end of August so it will still be possible to proceed with the festival. We hope to publish the festival programme soon.

In the meantime, we are continuing work on the 3D digital reconstruction of the church through its 1,400 year history. The story of the church through most of this period will be told using specially commissioned reconstructions. But we will bring things up to date using a sequence of photographs showing changes over the past 150 years or so that have been captured on film. We already have many images in the church archive, and we know the Lyminge Historical Society has a good collection of photos and postcards. But it may be that there are other unique images out there that we have not seen before and reveal details about the church that we don't otherwise know about. **If you have postcards or photos of the church or church yard that you are willing to share with us, please get in touch.** If you can share scanned images by email, that would be great. If you don't have scanning facilities, an email message would be helpful, and we can then make arrangements to get copies made when the restrictions on social contact have been lifted.

We are also beginning work on a further four information panels that will be similar to the one already on Tayne Field and together will create a heritage trail around the village highlighting the archaeology that has been found here over the past 160 years or so.

Don't forget to keep up to date with the project on our website at [geopaethas.com](http://geopaethas.com). One recent post looked at St Eadburh, Lyminge's 'forgotten saint'. Another covered changes in the church with a sequence of views of the nave and chancel from around 1896 to the present day. Just Google to find us.

If you want to get in contact, please email on [geopaethas@gmail.com](mailto:geopaethas@gmail.com).



*Lyminge Historical Society*

Due to the Coronavirus and the continuing lock-down, meetings are cancelled until September.

Please watch the Notice Boards and the on-line Lyminge Newsletter for further updates. Stay safe and well.

**Lyminge Historical Society Committee**


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**Lyminge Historical Society contacts:**  
email: [lymingehistoricalsociety@gmail.com](mailto:lymingehistoricalsociety@gmail.com) Website: [www.lymingehistoricalsociety.co.uk](http://www.lymingehistoricalsociety.co.uk)  
Facebook: [www.facebook.com/Lymingehistoricalsociety](https://www.facebook.com/Lymingehistoricalsociety)

**ETCHINGHILL RESIDENTS' ASSOCIATION**

**Film Night**

The Etchinghill Residents Association regret to announce that due to the ongoing coronavirus outbreak the monthly Film Nights at the Etchinghill Village Hall are cancelled until further notice. The situation will continue to be closely monitored and the Film Night will recommence once the "all clear" is given.



[www.etchinghill.info](http://www.etchinghill.info)

## LYMINGE GARDENERS' SOCIETY




### CANCELLATION NOTICE

**Sadly, all planned events are cancelled until further notice.**

Any questions relating to the Gardeners' Society please email:

**[lymingegardeners@gmail.com](mailto:lymingegardeners@gmail.com)**



**Self Assessment Tax Return from £180**  
[aadams@aabookeepingservices.co.uk](mailto:aadams@aabookeepingservices.co.uk)

# ETCHINGHILL VILLAGE HALL ANNUAL GENERAL MEETING

*The Etchinghill Village Hall AGM*

*will be held on*

**Sunday 17th May 2020 7.30pm**

All Etchinghill residents welcome.  
Please come along to the AGM and show your support for this marvellous local facility.

This is your opportunity to find out more about the Hall, the activities that are available, together with an update on the finances and plans for the year ahead including our planning application for an extension.

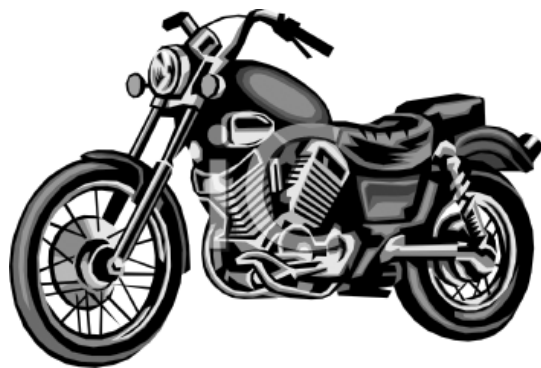
If you would like to be involved with the future management of the Hall you will have the opportunity to put your name forward as a future Committee Member.

The meeting will last approximately one hour and refreshments will be available.

**JOHN WHITE**

*Chairman, Etchinghill Management Committee*

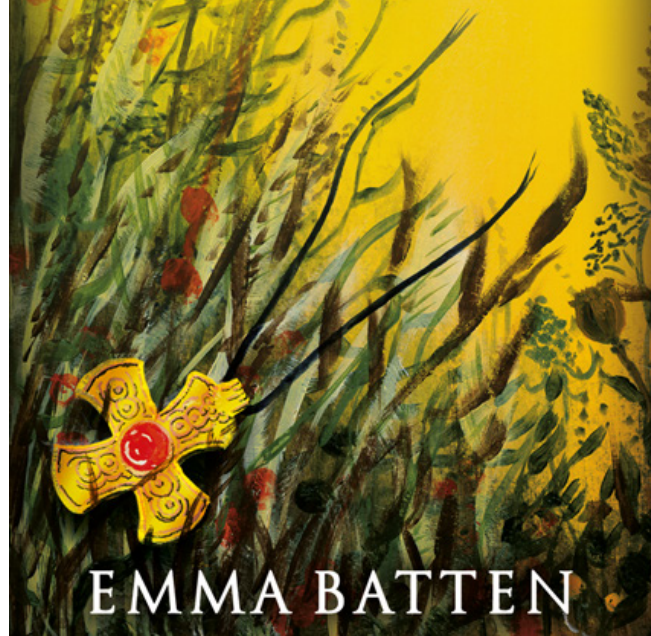
## MOTORCYCLES WANTED



MOT failures, non-runner, unfinished projects, damaged bikes, write-offs. From scooters to field bikes to 50% complete bikes. I will collect, remove and pay cash.

**Telephone 01303 627021**

# THE PENDANT CROSS



**EMMA BATTEN**

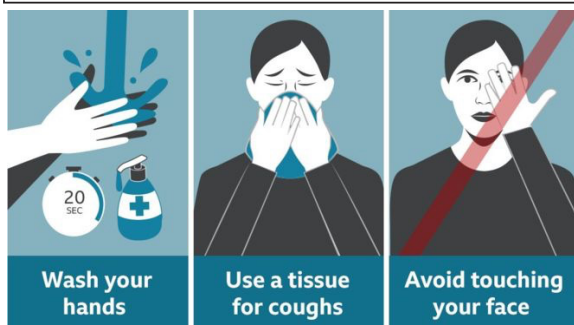
"What sort of place is Romney Marsh?" the monk asked. The words didn't come easily: his lips only knew prayer, his tongue only knew to move in the gentle rhythm of the Psalms.

"There is nothing to speak of," Brother Halig replied. "It is as bleak as one could imagine and will serve our purpose well"

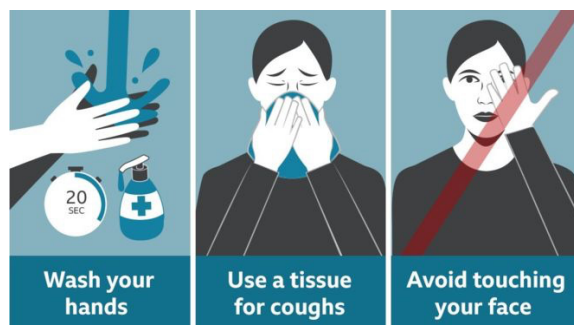
The year is 680 AD and areas of dry land are arising from the marsh. No man would consider settling permanently in such an unforgiving place. But for a few days a year the Sandtun comes alive with traders who await boats from Francia. Old friends meet at the tent at camp, and join with others coming to sell their wares. As friendships are made and hatred brews, four monks descend the Shipway track carrying their precious secret.

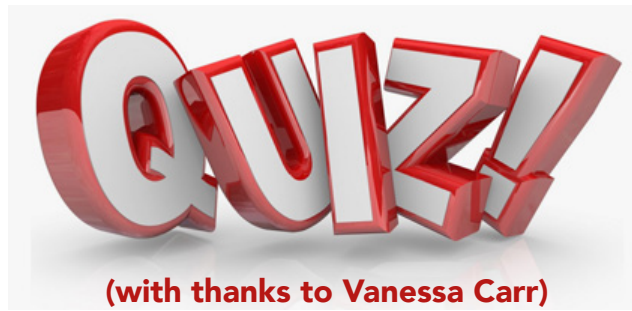
In her seventh novel, Emma Batten introduces West Hythe and Lyminge in Anglo-Saxon times.

The book can be bought through her website for £8.99 to include posting. [www.emmabattenauthor.com](http://www.emmabattenauthor.com) or by phoning 07388 271137



**KEEP SAFE  
AND  
MAINTAIN  
SOCIAL  
DISTANCING**





## **Literature**

- 1 Whose fictional detective is Jack Reacher?
- 2 In Edith Nesbit's Five Children and It what sort of creature is It?
- 3 What fantasy land includes The Luggage – a trunk with legs made from sapient pearwood?

## **Music**

- 1 What inventor of a medicinal compound did The Scaffold sing about in 1968?
- 2 What was the instrument of jazz musician Thelonius Monk?
- 3 Whose third symphony was named The Rhenish?

## **Politics**

- 1 Which two countries were divided by the 38th Parallel until 1950, and by a military demarcation line since?
- 2 Which officer's main duty is summoning the House of Commons at the opening and proroguing of Parliament?
- 3 Where does the European Court of Justice sit?

## **Sport**

- 1 What medical man achieved what sporting first in 1954?
- 2 Which cricket batsman scored six sixes from a single over in 1968?
- 3 What race horse has a statue at Aintree racecourse?

## **Science**

- 1 By what name is acetic acid better known?
- 2 What are Ganymede, Io and Callisto?
- 3 Dr James Simpson was the first person to demonstrate the importance of what as an anaesthetic substance?

## **History**

- 1 Who went climbing with Major Careless in 1651?
- 2 What famous phrase was coined by whom at Fulton, Missouri, in 1946?
- 3 Who were the so called Princes in the Tower?

## **Film**

- 1 Who was the third actor to play James Bond?
- 2 Moonlight won best picture at the 2017 Oscars – but what film was mistakenly announced as the winner?
- 3 Which film franchise featured a DeLorean car used for time travel?

## **Food and drink**

- 1 A sidecar cocktail is made with an orange liqueur, lemon juice, and what spirit?
- 2 A Worcester pearmain is what sort of fruit?
- 3 What is the main ingredient of a stargazy pie?

## **TV**

- 1 What is the name of the dog in The Simpsons?
- 2 What was the first advertisement for on British television?
- 3 Where was Downton Abbey filmed?

## **Geography**

- 1 What is the highest lake in the world?
- 2 Which European country calls itself Hrvatska?
- 3 Kigali is the capital of which East African country?

## **Nature**

- 1 What is the largest Madagascan lemur?
- 2 Longbows were traditionally made from what wood?
- 3 What type of fish is a goldfish?

## **Art**

- 1 Which American abstract artist died in a car crash in 1956?
- 2 Which Italian Renaissance artist painted the Venus of Urbino?
- 3 The artist Edward Burne-Jones belonged to which movement of British artists?

## **Answers on P11**



# Coach & Horses



## Take Away Menu Details & Service Times

Due to the Covid-19 pandemic, we are currently closed for normal business but are able to continue to serve Take Away meals. In light of this we have produced a smaller menu with adjusted prices where main courses are £7.50 & desserts are £2.50.

We are displaying this menu in our front windows as well as on our Facebook page. These options will regularly change due to supplier limitations.

Also to help us follow the set government guidelines we are spacing all orders taken into time slots across each day to avoid any mass gatherings, safer exchange of food and allowing for some deliveries. We are accepting Cash & Contactless Card payments. Card payments can also be taken over the phone.

### Serving Times -

Monday-Saturday = 1pm-7pm

Sunday = 12pm-4pm

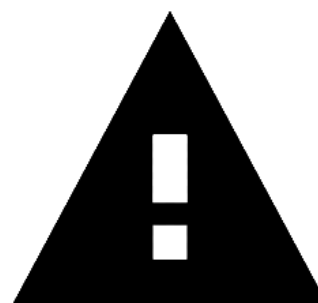
## Rhodes Minnis Circle

Unfortunately our meeting in March was cancelled due to the current health crisis.

There will be no further meetings for now, but we will let members know when we start up again.

Keep safe - we are thinking of you all.

For further details contact Marion on 862913



## Coronavirus/COVID-19

### Scammers active in Kent!

Scammers and criminals are already looking for opportunities to scam people as a result of the Coronavirus / COVID-19 pandemic. Reports from Kent Police are of people door-knocking and claiming to be from the Health Authority.

#### What happens:

- The criminal knocks on your door.
- They claim to be from the Health Authority.
- They offer to do COVID-19 testing on residents.
- There are also reports of the criminal offering to take the resident's temperature.

#### What to do:

- Do not let them in.
- Do not allow them to take any money or details from you. Don't ever give your bank or card details to anyone, even if you think you know them very well.
- Report to Kent Police on 101 or contact Gary Community Warden Gary.Harrison@kent.gov.uk Mob 07977982185
- If you ask them to leave and they don't, contact the police on 999

Please warn vulnerable family members, friends and neighbours.

If you are self-isolating, you could contact one of these organisations for help and support:

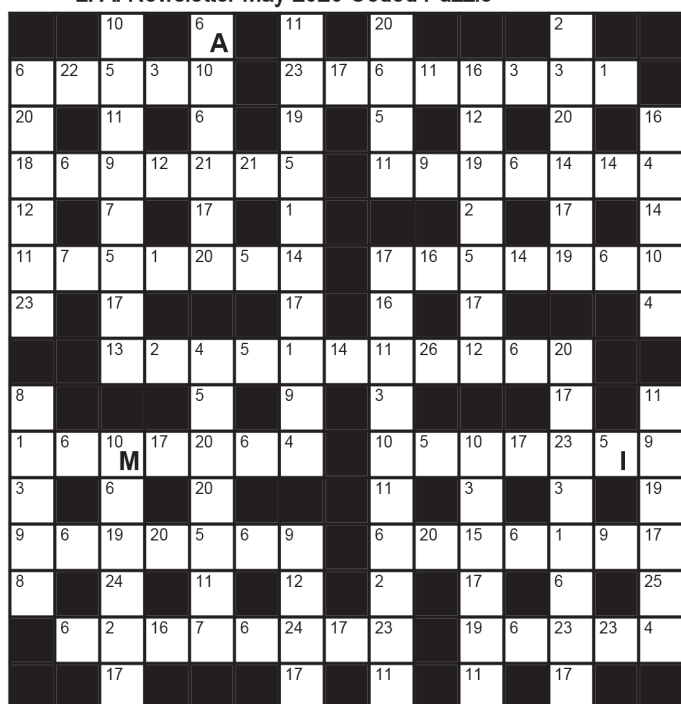
- Age UK 0800 678 1602
- Asthma UK 0300 222 5800
- BHF 0300 330 3311
- Diabetes UK 0345 123 2399
- Mind 0300 123 3393
- Scope 0808 800 3333
- The Silver Line 0800 470 8090

## Quiz Answers (from page 10):

- Literature:** 1 Lee Child's 2 A Psalm of David, or Sand Fairy 3 Terry Pratchett's Discworld
- Music:** 1 Lily the Pink 2 Piano 3 Robert Schumann
- Politics:** 1 North and South Korea 2 Black Rod 3 Luxembourg
- Sport:** 1 Dr Roger Bannister ran a mile in under four minutes 2 Garfield (Garry) Sobers 3 Red Rum
- Science:** 1 Vinegar 2 Moons of Jupiter 3 Chloroform
- History:** 1 Charles II, who hid from the Roundheads in an oak tree (the Boscobel Oak), after the Battle of Worcester 2 Winston Churchill coined the phrase "the Iron Curtain" 3 Edward V and his brother, Richard, Duke of York
- Film:** 1 George Lazenby 2 La La Land 3 Back To The Future
- Food & drink:** 1 Brandy 2 An apple 3 Pilchards
- TV:** 1 Santa's Little Helper 2 Gibbs SR toothpaste 3 Highclere Castle, home of the Earls of Carnarvon
- Geography:** 1 Lake Titicaca, forming the boundary between Peru and Bolivia 2 Croatia 3 Rwanda
- Nature:** 1 The Indri 2 Yew 3 A small member of the carp family
- Art:** 1 Jackson Pollock 2 Titian 3 The Pre-Raphaelites

# PUZZLE PAGE, COURTESY OF JOHN AND VANESSA CARR

L. A. Newsletter May 2020 Coded Puzzle



Code Grid

1	2	3	4	5	6	7	8	9	10	11	12	13
14	15	16	17	18	19	20	21	22	23	24	25	26

Once you have determined a number that relates to a specific letter fill in all the squares that have the same number with the same letter. To help you get started three letter/number combinations have already been decoded for you and the code grid helps you keep a note. Every letter in the alphabet appears at least once. Good luck.

L. A. Polygon Puzzle May 2020

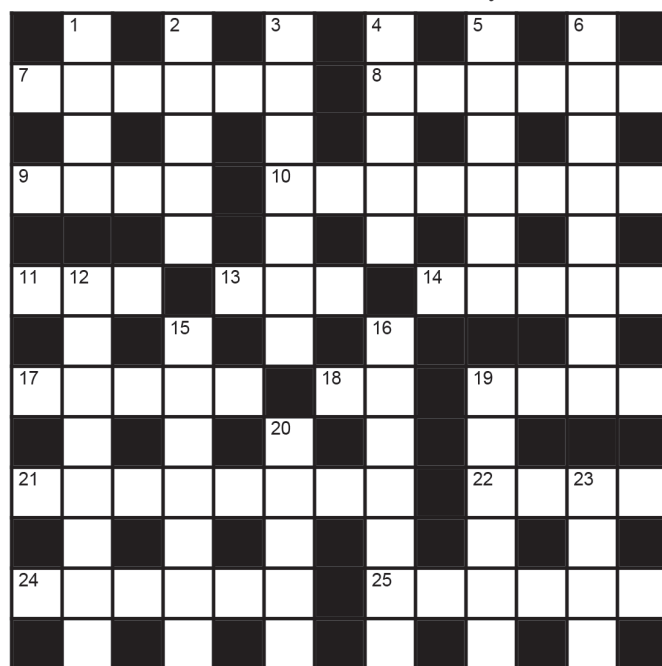
Make as many words as you can from the letters. Always include the centre letter. Each of the letters in the polygon can only be used once in each word. The score for each word found is the number of letters in the word. All words must appear in your dictionary. There is at least one 9 letter word. Enjoy.



**All the words we found are in the English Oxford Shorter Dictionary or can be found in other dictionaries and other sources of reference. They include some proper nouns, common abbreviations, slang, parts of speech and words from the modern idiom. Some are very obscure, others downright suspect and our list is not definitive. If it is in your dictionary then it is legitimate. If it is not but it is in ours then it also is legitimate. If you made it up then that's not allowed, but that could be another game; make up a word, define it and try to persuade others it is genuine. Whatever you do, be happy, keep healthy and enjoy your life.**

## ANSWERS TO THE PUZZLES ON P13

L. A. Newsletter Crossword - May 2020



### Across

- 7 Of the sea (6)
- 8 Great comfort (6)
- 9 Atomic No. 30 (4)
- 10 Last man in (8)
- 11 An adult person (3)
- 13 Strange (3)
- 14 To be upright (5)
- 17 Stitched (5)
- 18 Myself (2)
- 19 Top one (4)
- 21 Many (8)
- 22 A strip of material (4)
- 24 Rods (6)
- 25 Inner layer (6)

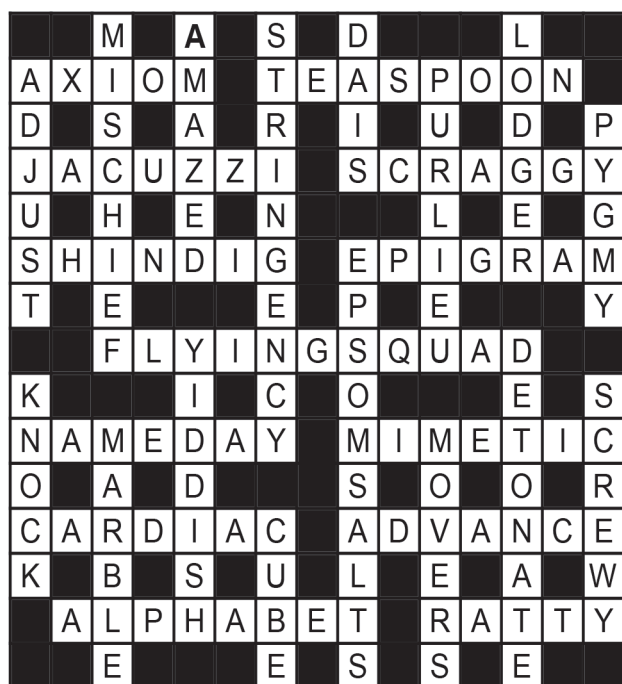
### Down

- 1 Cab (4)
- 2 A type of tree (5)
- 3 Protects (7)
- 4 No longer young (5)
- 5 One with deep knowledge (6)
- 6 Acts (8)
- 12 Will do (8)
- 15 Fortification (7)
- 16 Ships (7)
- 19 The name of a New South Wales bay (6)
- 20 Browned bread (5)
- 23 A coniferous tree (4)

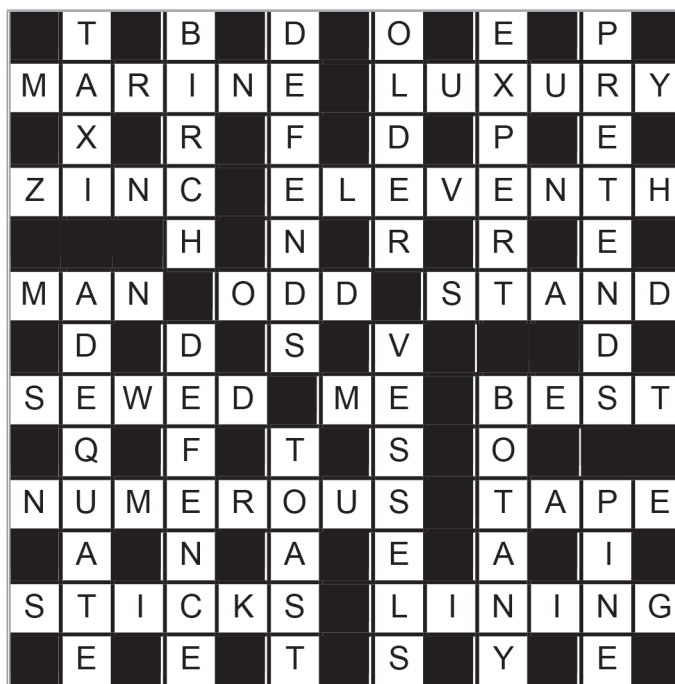
L.A. Newsletter May 2020 Sudoku Puzzle

8				4			
				2		3	1
	9			3			2
		3		2			
		7		9	4		8
	4	9	6				
						2	
		1				9	5
4		5				3	7

## L. A. May 2020 Coded Puzzle Solution



## L. A. May 2020 Crossword Puzzle Solution

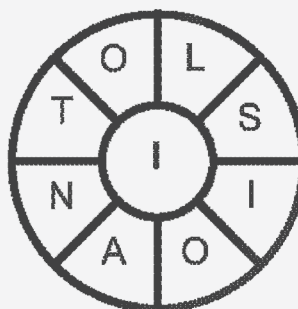


1	N	2	L	3	O	4	Y	5	I	6	A	7	H	8	K	9	C	10	M	11	S	12	U	13	F
14	G	15	V	16	P	17	E	18	J	19	R	20	D	21	Z	22	X	23	T	24	B	25	W	26	Q

## L. A. May 2020 Sudoku Solution

8	3	2	1	4	7	5	9	6
7	5	4	9	2	6	8	3	1
1	9	6	8	5	3	7	4	2
6	8	3	4	7	2	1	5	9
2	1	7	5	3	9	4	6	8
5	4	9	6	8	1	2	7	3
9	7	8	3	1	5	6	2	4
3	2	1	7	6	4	9	8	5
4	6	5	2	9	8	3	1	7

## L. A. May 2020 POLYGON SCORES



Remember each of your words must contain the central letter.

Word length = Score	Your score here	No. of words we found	Max Score ?
9		1	9
8		2	16
7		5	35
6		20	120
5		55	275
4		100	400
3		57	171
2		15	30
1		1	1
Total =			1,057

**Unscramble ISOLATION, always including the letter 'I'**

**9 letter words made by unscrambling the letters ISOLATION: 1**  
isolation:

**8 letter words with these letters ISOLATION: 2**  
inositol, solation

**7 letter words with these letters ISOLATION: 5**  
Latinos, liaison, lotions, soliton, talions

**6 letter words with these letters ISOLATION: 20**  
aiolis, Alison, aloins, instal, instil, isatin, Latino, lotion, nostoi, ostial, saloon, santol, sialon, Solano, solion, stanol, stolon, talion, talons, tonsil

**5 letter words with these letters ISOLATION: 55**  
aioli, alist, aloin, aloos, altos, anils, antis, intil, intis, iotas, lants, linos, lints, lions, litai, litas, loans, loins, loons, loots, lotas, lotos, lotsa, nails, noils, nooit, notal, oints, olios, oonts, ostia, saint, salon, salto, santo, satin, slain, slant, snail, snool, snoot, solan, solon, sotol, stain, stoai, stool, tails, talon, tians, toils, tolas, tonal, tools, toons

**4 letter words with these letters ISOLATION: 101**

ails, ains, aits, alit, aloo, also, alto, alts, anil, anis, anti, ants, ilia, inia, inti, into, ions, iota, isit, isna, itas, lain, lant, last, lati, lats, lias, lino, lins, lint, lion, list, lits, loan, loin, loon, loos, loot, lost, lota, loti, loto, lots, nail, naoi, naos, nats, nils, nisi, nits, noil, nolo, nota, oast, oats, oils, oint, olio, onos, onst, onto, oons, oont, oots, sail, sain, salt, sant, sati, sial, silo, silt, slat, slit, slot, snit, snot, soil, sola, soli, solo, sool, soon, soot, stoa, tail, tain, tais, tali, tans, taos, tian, tils, tina, tins, toil, tola, tons, tool, toon, tosa

**3 letter words with these letters ISOLATION: 57**  
ail, ain, ais, ait, als, alt, ani, ANS, ant, ats, ins, ion, ios, iso, ita, its, las, lat, lin, lis, lit, loo, LOS, lot, NAS, nat, nil, nis, nit, noo, nos, not, oat, oil, ono, ons, oon, oos, oot, sai, sal, san, sat, sin, sit, sol, son, sot, tai, tan, tao, tas, til, tin, tis, ton, too

**2 letter words with these letters ISOLATION: 15**

**1 letter words with these letters ISOLATION: 1**



# JLinks

PHYSIOTHERAPY

**Would you like a physiotherapist to visit you at home?**

- ✓ Highly experienced community physiotherapists
- ✓ Fully insured
- ✓ DBS checked
- ✓ HCPC registered

**We can help with:**

- All mobility and joint problems
- Recovery from surgery

**Neuro-physiotherapy can help with:**

- Stroke
- Multiple sclerosis
- Parkinson's disease
- Head/Brain injuries
- Dizziness and balance problems

**Group and individual sessions at our clinic in Stelling Minnis, CT4 6BB.**

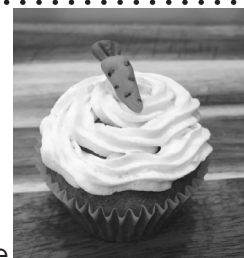
**Contact us for supportive & friendly advice:**

Jayne Steadman: **07903 866590**

Further information [www.jlinks.co.uk](http://www.jlinks.co.uk).



# DAISY BAKES



Cupcake maker based just outside of Lyminge. I also make biscuits and wedding favours!



Please contact Georgia for more details, a quote or to discuss your requirements.

**daisybakeskent@gmail.com**

**07717277257 or 01303 862137**



**No social-exclusion here when John Piddock found a family of mallard ducks in his garden**

**Write 300 words on any subject - then send it to the editor's email address**

## Time to Wake Up

No matter what communities you consider, whether it be an ant's nest, a beehive, a village like Lyminge - the vast majority need food, oxygen, water and light to thrive and develop. Remove one of these vital components and the population collapses. It doesn't matter the nature of the colony; we all require these key elements to survive. Disrupt the supply of just one of them and the community collapses. If the collapse isn't reversed, the community is annihilated.

The on-going coronavirus pandemic is a point in case - when the disease prevents oxygen entering our bodies, people around us fail to thrive and in extreme cases die. We need to be careful, not only of ourselves and our families, but our community and all it comprises. We are not immune from attack and money certainly can't buy us out of the problem. We've experienced 1980s - HIV (AIDS), 1996 - BSE (Mad Cow Disease), 1997 Bird Flu, 2009 Swine Flu, 2019 Covid-19, 20?? 'the next' virus'. We cannot be too careful. We just don't know when nature will turn around and bite us....again, and with what severity!!

And that concern extends further, to the environment in which we live. The way we use energy, the way we discard items we no longer need, often very wastefully; the use of 'single use' plastic - the list is extensive. If we are not considerate and respect the world in which we live, we may well throw the equilibrium, the delicate balance between nature and mankind making it difficult, if not impossible, to restore.

The whole coronavirus issue, along with climate change, should be a wakeup call to us all and an opportunity to consider if there are better ways of living in harmony with nature. How can I work and live smarter, more efficiently, than I do now? One thing is certain for sure - we need to take a firmer grip on what we do and how we do it. Let's take meaningful actions to help restore this balance.

*Peter Barnes*

**Write 300 words on any subject - then send it to the editor's email address**

## LYMINGE PARISH COUNCIL NEWSLETTER MAY 2020

Forthcoming Council and Committee Agendas are displayed on the Council notice boards in Station Road car park, the Rhodes Minnis bus shelter and the entrance to the Village Hall car park Etchinghill. Agendas and minutes are published on the Council's website [www.lymingepc.kentparishes.gov.uk](http://www.lymingepc.kentparishes.gov.uk) and Facebook page. We invite you to read the minutes online or on the noticeboards which may provide the information you are seeking regarding a particular item, but correspondence is always welcome from parishioners and can be sent to the Clerk at the addresses given below.

### COMMUNITY SUPPORT HUB

The Community Support Hub hosted by Hythe and Lyminge Age UK has been doing an amazing job at supporting elderly and vulnerable residents during this difficult time. They are able to help with errands, shopping, prescriptions and dog walking and the service is available to anyone of any age who needs additional support. They can be contacted on **01303 269602** or email [covid-19@ageukhl.org.uk](mailto:covid-19@ageukhl.org.uk).

If for any reason you are unable to get support via the Hub, please do contact us on **07715 221 705** or email [lymingepc@btinternet.com](mailto:lymingepc@btinternet.com) as we can also offer some support for those in need.

Meanwhile, we send heartfelt thanks to all NHS staff and key workers who are tirelessly helping us all to get through these difficult times. Make your appreciation ring across the Parish on a Thursday evening as we remember them with a round of applause!

### ANNUAL PARISH MEETING

Following guidance on Covid-19 from the Government and from the National Association of Local Councils our community's Annual Parish Meeting, which was to be held on 27<sup>th</sup> May, must be cancelled. It may be rescheduled for later in the year depending on future Government guidance.

Similarly, many other local events and gatherings that were due to happen over the summer have been cancelled or postponed and this includes any community celebrations for **VE DAY**. **Of course, if you have a Union flag or length of bunting, there is no reason why you shouldn't deck your property in style to show your appreciation of past and present heroes.**

### PLAY PARKS

Whilst the Government lockdown continues, we would remind residents to STRICTLY FOLLOW the guidance relating to leisure and exercise time in an effort to try and stop the spreading of the virus. Jubilee and Tayne fields remain open to the public but ALL **PLAY EQUIPMENT SHOULD BE CONSIDERED CLOSED**.

#### **Cherri Norman, Clerk and Responsible Financial Officer**

Correspondence Address: Lyminge Parish Council, PO Box 1159, Canterbury, Kent CT1 9PR

Telephone: 07715 221 705 Email: [lymingepc@btinternet.com](mailto:lymingepc@btinternet.com)

[www.lymingepc.kentparishes.gov.uk](http://www.lymingepc.kentparishes.gov.uk)

[www.facebook.com](https://www.facebook.com) Lyminge Parish Council

### **CLOTHES RECYCLING**

It is understandable that residents may use this time to have a clear out and declutter, but we would ask that you do not take any items to the Salvation Army recycling bin in the Station Rd carpark. The bin is full and will not be emptied until services return to normal. Leaving your items next to the bin is classed as fly-tipping and requires Folkestone & Hythe DC to collect it, as it poses an environmental hazard – what a waste of taxpayers money! Some supermarkets have recycling bins that are still open but if you can not find one, please put it to one side on your own premises until services return to normal.

### **DOG FOULING**

With many more residents able to use this time to enjoy walking in our beautiful countryside and around the village, we have had reports of an increase in dog fouling alongside the footpaths, in Tayne Field and the Memorial Grove. Please respect our beautiful villages and other residents by taking any dog mess home with you or using the bins provided.

### **BECOME A COUNCILLOR!**

A short time ago we regretfully accepted the resignation of Cllr Kelli Heynes who has had to step down from the role of councillor due to work and family commitments and we would like to thank Kelli for all her hard work and commitment during her time on the council. This means that we now have a vacancy for a new councillor to join us. If you are interested in the role, please do contact either the Clerk or Chair for more information or an informal chat to learn more about the role.

### **STAY IN TOUCH!**

The opportunities for staying in touch via mobile phones or tablets are many and various (if you can wrestle with the technology!) but there are many with no access to mobiles or the internet, so it's good to check on those who may be struggling with the continued lockdown. In such a caring community there are no doubt many stories to be told in time of friendships forged through the kindness of strangers.

There are lots of tales of on-line shopping slots being shared amongst friends and acquaintances, and some first-time users of the service finding the results amusing! No names, but one lonely Brussel sprout has been delivered to a household in the parish (where a whole pack was anticipated!).....whilst someone else living alone received 20 bananas! Be careful what you click for??

At a time like this, it is more important than ever to support our local shops and suppliers and they have certainly risen to the challenge – so another thank you due to all concerned.

### **FUTURE COUNCIL MEETINGS**

Last month's full council meeting was cancelled whilst we awaited Government guidance. We have now been given the go-ahead to hold meetings virtually. Our Finance and Administration Committee Meetings have been temporarily suspended and all business will be conducted by Full Council at the end of month meetings. Members of the public are welcome to attend the virtual meetings. There will still be a specific opportunity to comment upon items on the agenda, or raise other matters, before the start of each meeting. Anyone who wishes to attend, should contact the Clerk for details of the on-line link.

May – Date TBC

Monday 29 June - Full Council Meeting at 7.30pm, Zoom online meeting

#### **COMMUNITY SAFETY CONTACTS**

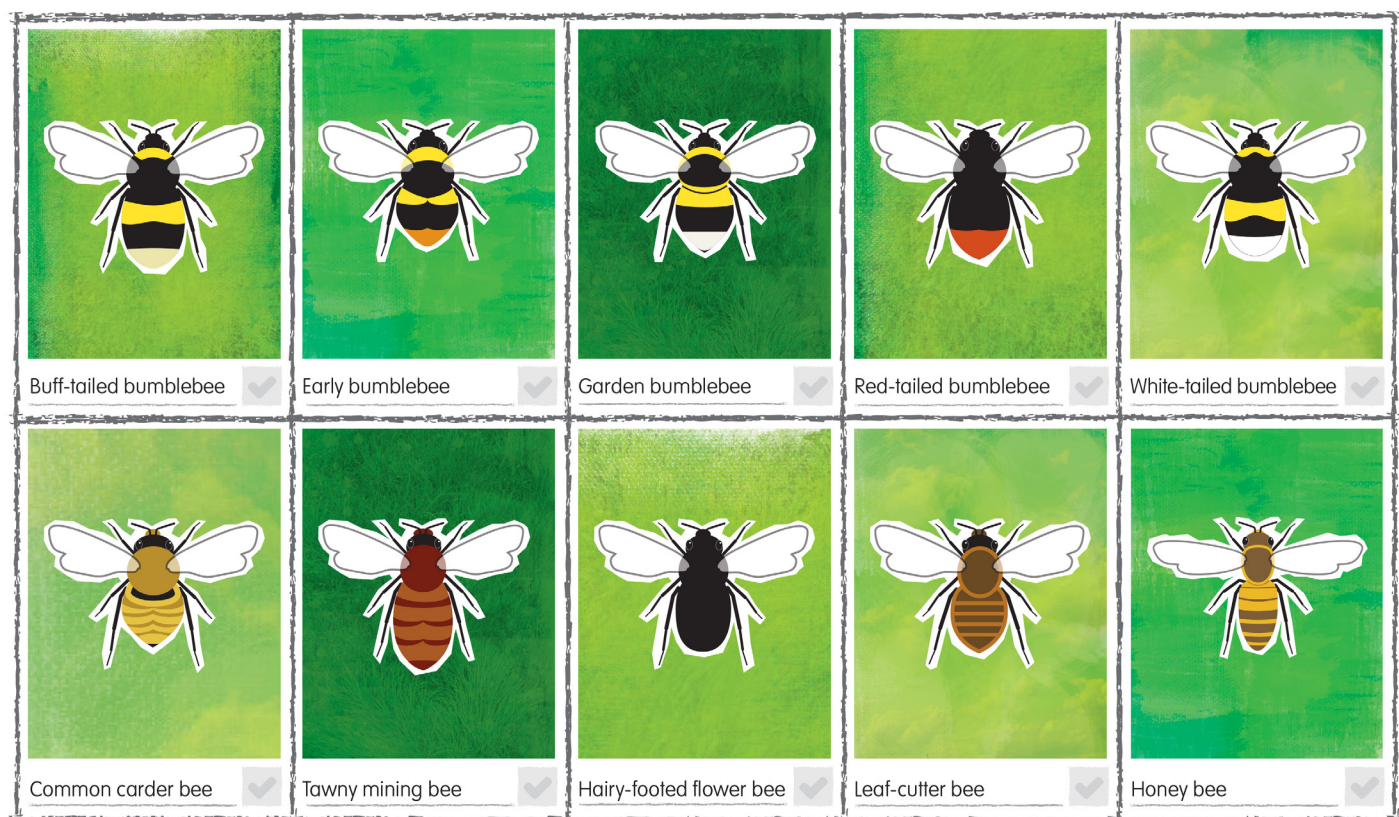
The **PCSO for Etchinghill, Lyminge and Rhodes Minnis**, Nicholas Hazell, can be contacted on 101  
**KCC Community Warden** Gary Harrison can be contacted on 07977 982185



# Lyminge Climate Action



## Bee detective



You may have seen some really large bumblebees buzzing around in this warm spring weather... They are likely to be fertilized queen bumblebees who have just woken up from their winter hibernation in the soil to feed on pollen or nectar. Each queen will then find a dry cavity to lay her eggs, protecting them until they hatch. Her daughter bees which emerge will take over finding food for the colony whilst the queen stays at home laying eggs. During the summer the colony will grow and at the end of the season the queen will produce new queens and male bumblebees which mate. Only the fertilized queens will survive the winter.

You can distinguish bumblebees from honey bees by their more rounded shape, deeper buzz and dense coat of patterned hair. Bumblebees aren't aggressive or shy so they are easy to watch. They won't sting unless they are handled or their nests are attacked. When visiting flowers to collect nectar and pollen they pay little attention to human observers so it is often possible to look quite closely and identify them.

There are 19 species of true bumblebee in Britain and they are put in three main categories: browns, red-tails and white tails. Use the Wildlife Trust Watch Spotter Guide to help you spot some bumblebees while you are out on a walk or in your garden this month.

### May

**National Walking Month** – exercise locally and keep 2 metres apart from others

**22nd International Day for Biological Diversity:** 'Solutions in Nature' in your garden

**23rd to 31st Children's Gardening Week:** [www.childrensgardeningweek.co.uk/](http://www.childrensgardeningweek.co.uk/)

### 6 Lessons the Coronavirus pandemic teaches us :

1. Science matters. We are one connected family on Earth
2. How we treat the natural world affects our well-being
3. Action now could reduce shortages, disasters and sea level rise
4. We can create real change with our own decision making
5. All of us are vulnerable to future climate change
6. Holding on to a vision gives us hope for Planet Earth

[www.earthday.org/6-lessons-coronavirus-can-teach-us-about-climate-change/](http://www.earthday.org/6-lessons-coronavirus-can-teach-us-about-climate-change/)



**Thoughtful Food** is a group of local volunteers looking at our food, and how this impacts climate change. Our aims are to support people to produce more of their own food, and to shop locally, sourcing seasonal produce. We welcome new members.

**Contact:** thoughtfulfoodgroup@gmail.com or on Facebook and Instagram @thoughtful-foodgroup. Face-to-face meetings are currently suspended so please email us if you would like to get involved.

### Gardening Survey

We are keen to support people in the parish to utilise their own gardens or allotment plots to produce food. So that we know where to focus our efforts, we would be grateful if you could complete this online survey on gardening. We can use the results of this to shape the support that we can offer. The survey is anonymous, and is available at the link below. Please do share the link with anyone in the parish who may not have seen it. Thank you for your help and we look forward to hearing from you. [www.smartsurvey.co.uk/s/SZ3RYY/](http://www.smartsurvey.co.uk/s/SZ3RYY/)

### Community Allotment

We are excited to announce that we have taken on a small allotment plot in Lyminge, which will hopefully be the first of many community growing spaces. We are limited in what we can do whilst complying with current restrictions, but if you would be interested in helping to tend the plot, please do get in touch. No gardening experience is necessary as full guidance can be given. We hope this will enable those without gardens, or who lack experience, to be able to get involved in producing their own food. Watch this space for updates throughout the year!



### Seasonality

With supermarkets offering the same fruit and vegetables all year round, it is not always obvious what produce is actually in season. Seasonal produce has a lower carbon footprint than non-seasonal produce, so look out for these seasonal goodies in the shops and countryside in May...artichoke, asparagus, aubergine, beetroot, chicory, chilies, elderflowers, lettuce, marrow, new potatoes, peas, peppers, radishes, rhubarb, rocket, samphire, sorrel, spinach, spring greens, spring onions, strawberries, watercress

### A Seasonal Recipe - Pea and Asparagus Risotto

With more time on our hands at the moment, why not try a new recipe, featuring some local, seasonal produce? Here's a suggestion, adapted from [deliciousmagazine.co.uk](http://deliciousmagazine.co.uk). If you have a recipe featuring seasonal produce that you would like to share, please email [thoughtfulfoodgroup@gmail.com](mailto:thoughtfulfoodgroup@gmail.com)

#### Ingredients:

- 2 tbsp olive oil
- Bunch spring onions, white parts and green parts separated and finely chopped (we used some red spring onions for colour)
- 300g bunch asparagus, stalks finely sliced and tips reserved
- 1-1.25 litres vegetable stock
- 350g risotto rice
- 200ml dry white wine
- Bunch fresh mint, finely chopped
- 3 tbsp extra-virgin olive oil
- Grated zest and juice 1 lemon
- 200g peas (frozen if not freshly available)
- 50g butter
- 75g pecorino or cheese substitute, grated

#### For the pea purée:

- 200g frozen peas
- 100g spinach
- 2 tbsp rapeseed oil
- Juice 1 lemon
- Large handful fresh parsley leaves

1. For the pea purée, put the frozen peas in a heatproof bowl and defrost by covering with boiling water for 30 seconds. Drain and transfer to a blender or food processor and whizz with the spinach, rapeseed oil, lemon and parsley until smooth. Season with salt and pepper.
2. Heat the 2 tbsp olive oil in a large, heavy-based pan and gently cook the chopped white part of the spring onions and asparagus stalks until softened (about 10 minutes).
3. Meanwhile, put the stock in a pan and gently heat until hot but not boiling. Keep warm on a low heat.
4. Stir the rice into the vegetables to coat the grains in the oil, then cook for 1-2 minutes more. Pour in the wine, bring up to a fast simmer and cook until most of the wine has evaporated. Start adding a litre of stock a ladleful at a time, stirring often, only adding more once the liquid has been absorbed by the rice. (This should take around 20 minutes.)
5. Meanwhile, make a salsa: chop the reserved green part of the spring onions and mix in a bowl with the mint, extra-virgin olive oil, lemon zest and juice. Add salt and pepper to taste. If the rice is still hard after it has absorbed a litre of stock, stir in a little more. As the rice is starting to become plump and tender, about 5 minutes before the end of the cooking time, stir in the asparagus tips, peas and pea purée, then cook until the rice is tender.
6. Stir in the butter and pecorino, taste, season and serve with the mint salsa for drizzling over.





## Lyminge Pre-School



Lyminge Preschool provides quality Early Years education and day care all year round for children aged 2-5 years. The Pre-School is run by a team of qualified, highly experienced and dedicated practitioners.

Lyminge Pre-school has a safe, stimulating and fun environment that provides support and challenge for all of the children's individual needs. We welcome all children from the age of two from all surrounding areas.

To arrange to meet the team, please call 01303 863149 (day) or email [lymingepreschool@gmail.com](mailto:lymingepreschool@gmail.com) and visit our website [www.lymingepreschool.org.uk](http://www.lymingepreschool.org.uk)

## Lyminge Baby and Toddler Group

Bring your little ones along to our friendly group for lots of fun including crafts, singing, playdough, ride-ons and lots more. We meet every Tuesday morning at the Tayne Centre between 10.00 and 12.00 (term time only).

£2.50 per family, including refreshments for all.

If you have any questions please contact

**Sarah on 07984 939220**



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We meet on Wednesdays between 10am-12noon at Etchinghill Village Hall. We charge £2 per family, 1st session is free. Tea/coffee and healthy snacks are provided.

If you have any queries please contact **Cait Byrne - 07850757571**

## Coffee Mornings With The Toddler Group

10.30am - 12 noon on Thursday mornings

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E: [rminniscats@gmail.com](mailto:rminniscats@gmail.com)

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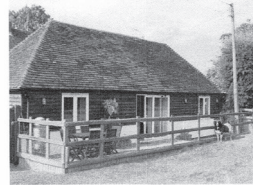
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# The Lyminge Association

We're here to support and develop our community!!

## Contacts:

**Chair:** Peter Barnes 863737  
pb@pbarnes20.plus.com  
**Vice Chair:** Adrian Willcox 862699  
adrian.willcox@virgin.net  
**Treasurer:** Janet Fry 863177  
janet@rhodesminnis.org.uk

**Committee Members:** Marian Chubb, Richard Chubb, Fran Davis, Amanda Duckett, Dave Hunt-Cooke, Gillian Heywood, Sylvia Norris, Derek Smith, Ray Smith, Penny Stephens

**Newsletter:** As for Peter Barnes above

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Saturdays £13.00 per hour

Sundays £13.00 per hour

During the winter months (1 November to 31 March) a Winter Supplement of £1.00 per hour is added to the above rates.

Special rates apply for weddings and all day events with discounts on the above rates applying to Etchinghill residents and regular hirers.

The use of a separate Committee Room is also available.

For all bookings or enquiries please contact:

**The Duty Manager on 07514 758936**

## bus times

for buses from Lyminge **The Sidings** to  
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**MONDAYS TO SATURDAYS** except Bank Holidays

There are route 17 buses at 0705 (not Saturdays), 0749, 0909, 0934 (not Saturdays), 1004, 1034, 1104, 1204, 1304, 1404, 1514, 1614, 1619 (schooldays only), 1654 (schooldays only), 1719, 1749, 1834, 1929, 2113 and 2313.

There are also route 18 buses to Sandling Station & Hythe - for times see our website or call the number below.

**SUNDAYS & BANK HOLIDAYS**

There are route 17 buses at 1032, 1302, 1532 and 1802.

for buses from Lyminge **Wesley Terrace** to  
Canterbury city centre via Elham, Barham & Bridge

**MONDAYS TO SATURDAYS** except Bank Holidays

There are route 17 buses at 0727 (schooldays only), 0732, 0752, 0903, 0938, 1028, 1128, 1235 (1228 on Saturdays), 1335, 1443, 1608 (1613 on Saturdays), 1703, 1803, 2001 and 2201.

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Mon to Fri £18 per session £48 all day

Sat & Sun £23 per session

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PM session 13.30 - 17.30

Evening session 18.00 - 23.45

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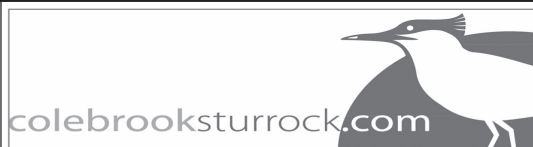
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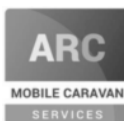
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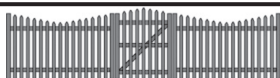
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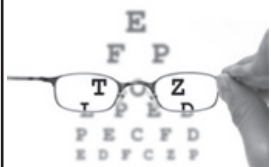
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# Out & About

Do you have any photos of local events or groups in action?  
If so can you please forward them along with a few words  
relating to each photo to [pb@pbarnes20.plus.com](mailto:pb@pbarnes20.plus.com)

**Some of 1st Lyminge Guides thanking the NHS  
and Key Workers by clapping on Thursday  
nights.**





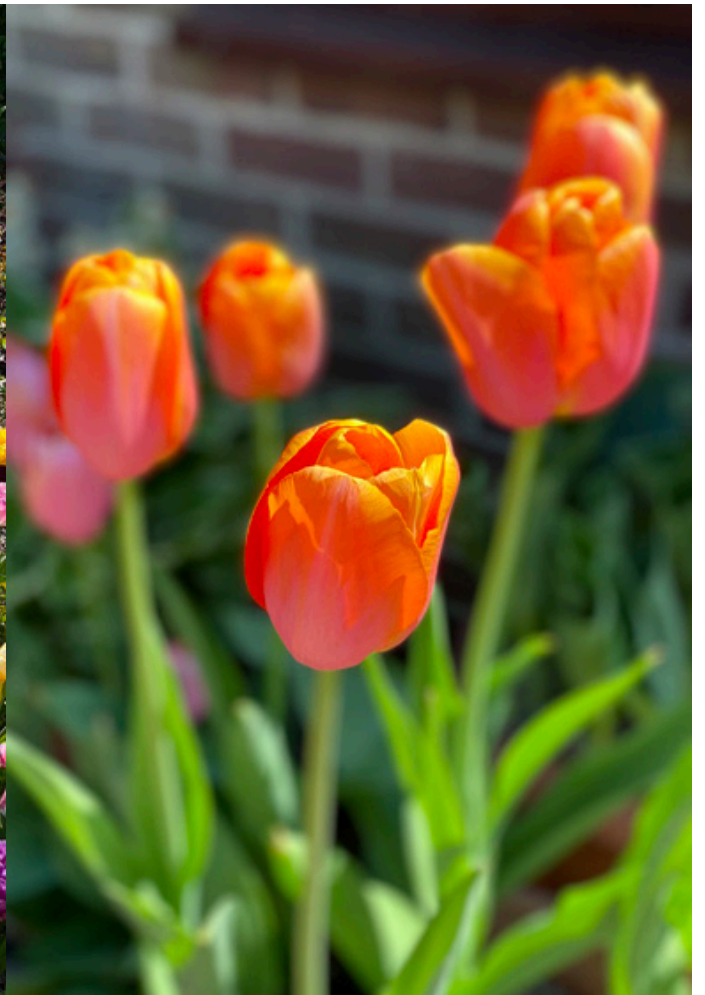
# Out & About



**More people showing their appreciation to the Key Services.....**



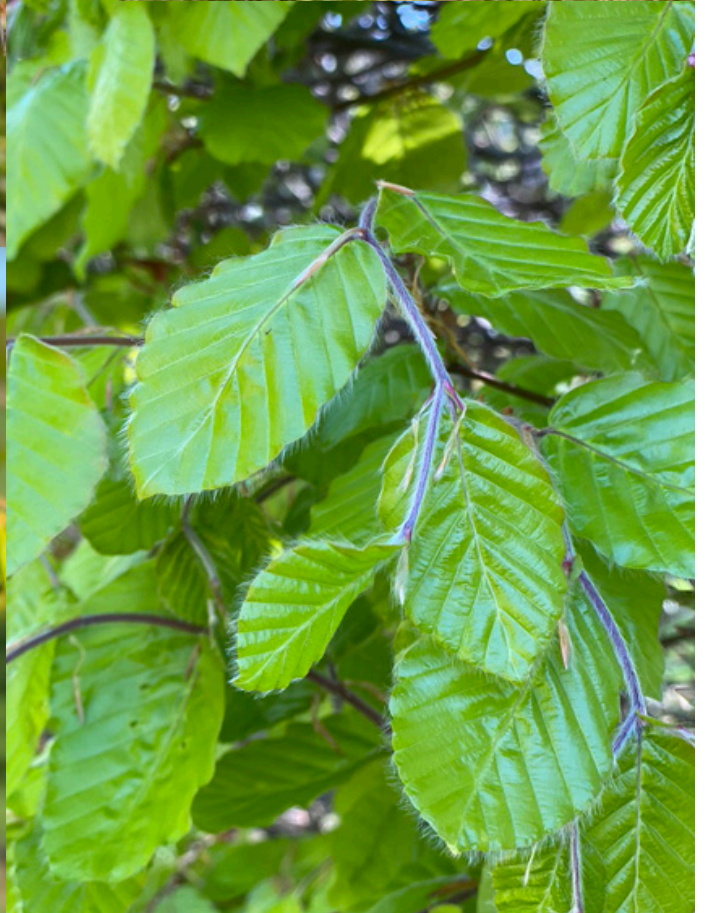
**...while the sun brings out the brilliance of Mother Nature in local gardens**





# *Out & About*

**Spring is well on the way**





# *even more* **Out & About**

**Postling**



**Local vistas - some of our 'green and pleasant land', and some of a more desert-like landscape following sowing, looking towards Farthing Common**

**Etchinghill**

